

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

**American Cancer Society**  
[www.cancer.org](http://www.cancer.org); 1-800-227-2345

**American Psychosocial Oncology Society**  
[www.apos-society.org](http://www.apos-society.org); 1-866-276-7443

**American Society of Clinical Oncology**  
[www.cancer.net](http://www.cancer.net); 1-888-651-3038

**The Association for Molecular Pathology (AMP)**  
[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

**Association of Clinicians for the Underserved**  
[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

**Association of Oncology Social Work**  
[www.aosw.org](http://www.aosw.org); 1-847-686-2233

**Be The Match® Patient Support Center**  
[www.bethematch.org/one-on-one](http://www.bethematch.org/one-on-one); 1-888-999-6743

**Black Women's Health Imperative**  
[www.bwhi.org](http://www.bwhi.org); 1-202-787-5931

**Blood & Marrow Transplant Information Network**  
[www.bmtinfonet.org](http://www.bmtinfonet.org); 1-888-597-7674

**Bone Marrow & Cancer Foundation**  
[www.bonemarrow.org](http://www.bonemarrow.org); 1-800-365-1336

**Cancer Patient Education Network**  
[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

**Cancer Support Community**  
[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

**Caregiver Action Network**  
[www.caregiveraction.org](http://www.caregiveraction.org)

**CLL Society Inc.**  
[www.cllsociety.org](http://www.cllsociety.org)

**Cutaneous Lymphoma Foundation**  
[www.clyf.foundation.org](http://www.clyf.foundation.org); 1-248-644-9014

**DKMS**  
[www.dkms.org](http://www.dkms.org); 1-212-209-6700

**Joe's House – A Lodging Guide for Cancer Patients**  
[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

**Latinas Contra Cancer**  
[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-888-LCC-8110

**Leukemia Research Foundation**  
[www.allbloodcancers.org](http://www.allbloodcancers.org); 1-847-424-0600

**The LGBT Cancer Project**  
[www.lgbtcancer.org](http://www.lgbtcancer.org)

**LIVESTRONG Foundation**  
[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

**Lymphoma Foundation of America**  
[www.lymphomahelp.org](http://www.lymphomahelp.org); 1-734-222-1100

**Lymphoma Research Foundation**  
[www.lymphoma.org](http://www.lymphoma.org); 1-800-500-9976

**MPN Education Foundation**  
[www.mprinfo.org](http://www.mprinfo.org)

**MPN Research Foundation**  
[www.mprresearchfoundation.org](http://www.mprresearchfoundation.org); 1-855-258-1943

**Multinational Association of Supportive Care in Cancer**  
[www.mascc.org](http://www.mascc.org)

**National Association of Social Workers**  
[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

**National Bone Marrow Transplant Link**  
[www.nbmtlink.org](http://www.nbmtlink.org); 1-800-LINK-BMT (1-800-546-5268)

**National Center for Frontier Communities**  
[www.frontierus.org](http://www.frontierus.org); 1-575-597-0039

**The National CML Society**  
[www.nationalcmlsociety.org](http://www.nationalcmlsociety.org); 1-877-431-2573

**National Coalition for Cancer Survivorship**  
[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

**National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients®**  
[www.nccn.org/patients](http://www.nccn.org/patients)

**National Organization for Rare Disorders®**  
[www.rarediseases.org](http://www.rarediseases.org); 1-203-744-0100

**NeedyMeds**  
[www.needymeds.org](http://www.needymeds.org); 1-800-503-6897

**Research Advocacy Network**  
[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

**Scott Hamilton CARES Foundation**  
[www.scottcares.org](http://www.scottcares.org)

**Triage Cancer**  
[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

**Vital Options International**  
[www.vitaloptions.org](http://www.vitaloptions.org); 1-800-518-2354



**CANCERCARE®**  
National Office  
275 Seventh Avenue  
New York, NY 10001

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## Adjusting to Your Blood Cancer Treatment Over Time: Challenges and Opportunities of Taking Your Treatment on Schedule

Tuesday, March 30, 2021  
1:30 - 2:30 PM Eastern Time

A free CancerCare Connect® Education Workshop for people living with blood cancers, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.



**CANCERCARE®**

Help and Hope

800-813-HOPE (4673)  
[www.cancercare.org](http://www.cancercare.org)  
[connect@cancercare.org](mailto:connect@cancercare.org)

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

**This activity is supported by Pharmacyclics LLC, an AbbVie Company and Janssen Biotech, Inc., administered by Janssen Scientific Affairs, LLC. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.**

## Adjusting to Your Blood Cancer Treatment Over Time: Challenges and Opportunities of Taking Your Treatment on Schedule

Tuesday, March 30, 2021  
1:30 - 2:30 PM Eastern Time

### Workshop Topics

- Overview of Blood Cancer Treatments, in the Context of COVID-19
- Understanding Treatment Side Effects, in the Context of COVID-19
- Working with Your Health Care Team to Manage Each Treatment Side Effect, in the Context of COVID-19
- Dealing with Blood Cancer Treatments and Other Co-Morbid Health Treatments
- The Importance of Taking Your Blood Cancer Treatment on Schedule - Adherence
- Adjusting to Your Blood Cancer Treatment Over Time
- Can I Take My Medications at Any Time of the Day?
- The Value of Time of Day Consistency in Taking Your Pills
- Challenges to Taking Your Treatment on Schedule, in the Context of COVID-19
- Practical Tips & Opportunities to Overcome Challenges
- Review of Resources to Remind You to Take Your Pills on Schedule
- Planning Ahead: Lead Time in Refilling Prescriptions, Weekends, Travel and Holidays
- Communicating with Your Hematology Oncology Team about Adherence, including Your Pharmacist
- The Importance of Communicating with Your Health Care Team about Quality-of-Life Concerns
- The Increasing Role of Telemedicine/Telehealth Appointments
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, including Technology & Making Your List of Questions
- Questions for Our Panel of Experts

## Adjusting to Your Blood Cancer Treatment Over Time: Challenges and Opportunities of Taking Your Treatment on Schedule

Tuesday, March 30, 2021  
1:30 - 2:30 PM Eastern Time

### Speakers

#### William Bensinger, MD

Center for Blood Disorders and Stem Cell Transplantation  
SCI's Personalized Medicine Program  
Myeloma & Transplant Program  
Swedish Cancer Institute

#### Michael J. Mauro, MD

Leader, Myeloproliferative Neoplasms Program  
Member  
Memorial Sloan Kettering Cancer Center  
Professor, Weill Cornell Medicine

#### Elizabeth K. O'Donnell, MD

Director, Lifestyle Clinic  
Massachusetts General Hospital  
Associate Director  
Mass General Cancer Center's Survivorship Program  
Assistant Professor of Medicine  
Harvard Medical School

#### Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

Director of Education and Training  
CancerCare®