

About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit www.cancercare.org or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

American Cancer Society

www.cancer.org; 1-800-227-2345

American Psychosocial Oncology Society

www.apos-society.org; 1-866-276-7443

American Society of Clinical Oncology

www.cancer.net; 1-888-651-3038

The Association for Molecular Pathology (AMP)

outreach.amp.org; 1-301-634-7939

Association of Clinicians for the Underserved

www.clinicians.org; 1-844-422-8247

Association of Oncology Social Work

www.aosw.org; 1-847-686-2233

Be The Match® Patient Support Center

www.bethematch.org/one-on-one; 1-888-999-6743

Black Women's Health Imperative

www.bwhi.org; 1-202-548-4000

Blood & Marrow Transplant Information Network

www.bmtinfonet.org; 1-888-597-7674

Bone Marrow & Cancer Foundation

www.bonemarrow.org; 1-800-365-1336

Cancer Patient Education Network

www.cancerpatienteducation.org

Cancer Support Community

www.cancersupportcommunity.org; 1-888-793-9355

Caregiver Action Network

www.caregiveraction.org

DKMS

www.dkms.org; 1-212-209-6700

International Myeloma Foundation

www.myeloma.org; 1-800-452-CURE (2873)

Joe's House – A Lodging Guide for Cancer Patients

www.joeshouse.org; 1-877-563-7468

Latinas Contra Cancer

www.latinascontracancer.org; 1-888-LCC-8110

The LGBT Cancer Project

www.lgbtcancer.org

LIVESTRONG Foundation

www.livestrong.org; 1-855-220-7777

MetaCancer Foundation

www.metacancer.org

Multinational Association of Supportive Care in Cancer

www.mascc.org

National Association of Social Workers

www.socialworkers.org; 1-202-408-8600

National Bone Marrow Transplant Link

www.nbmtlink.org; 1-800-LINK-BMT (1-800-546-5268)

National Center for Frontier Communities

www.frontierus.org; 1-575-534-0101

National Coalition for Cancer Survivorship

www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937)

National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients®

www.nccn.org/patients

NeedyMeds

www.needy meds.org; 1-800-503-6897

Research Advocacy Network

www.researchadvocacy.org; 1-877-276-2187

Scott Hamilton CARES Foundation

www.scottcares.org

Triage Cancer

www.triagecancer.org; 1-424-258-4628

Vital Options International

www.vitaloptions.org



CANCERCARE

National Office
275 Seventh Avenue
New York, NY 10001

CANCERCARE CONNECT® EDUCATION WORKSHOP

For Caregivers: Coping with the Stresses of Caregiving When Your Loved One Has Multiple Myeloma

Thursday, November 12, 2020
1:30 - 2:30 PM Eastern Time

A free CancerCare Connect® Education Workshop for people living with multiple myeloma, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.



CANCERCARE

Help and Hope

800-813-HOPE (4673)
www.cancercare.org
connect@cancercare.org

CANCERCARE CONNECT® EDUCATION WORKSHOP

What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at www.cancercare.org/connect

After you have registered, you will receive additional information.

Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

Continuing Education Credits (Live Only)

Social Workers: This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

This activity is supported by a charitable contribution from Janssen Pharmaceutical Companies of Johnson & Johnson. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

For Caregivers: Coping with the Stresses of Caregiving When Your Loved One Has Multiple Myeloma

Thursday, November 12, 2020
1:30 - 2:30 PM Eastern Time

Workshop Topics

- Overview of the Treatment of Multiple Myeloma, in the Context of COVID-19
- Caregiving & Social Distancing, including Wearing Masks, in the Context of COVID-19
- Deciding to Become a Caregiver: Your Important Role in Decision Making
- Caring for Your Loved One with Multiple Myeloma, in the Context of COVID-19
- Challenges in Communicating with the Health Care Team
- Your Role in Adherence: Weekends, Holidays and Vacations
- Coping with Each Day, On Special Occasions, Anniversaries & Birthdays
- Managing Family, Friends & Traditions, in the Context of Social Distancing
- Long Distance Caregiving
- The Benefits of Telehealth/Telemedicine Appointments
- Guidelines to Prepare for Them re: Technology & Questions to Ask Your Healthcare Team about Quality-of-Life Concerns
- Self-Care Tips for Managing Lifestyle, Nutrition, Hydration & Stress
- Questions for Our Panel of Experts

For Caregivers: Coping with the Stresses of Caregiving When Your Loved One Has Multiple Myeloma

Thursday, November 12, 2020
1:30 - 2:30 PM Eastern Time

Speakers

Elizabeth K. O'Donnell, MD

Director, Lifestyle Clinic
Massachusetts General Hospital
Associate Director
Mass General Cancer Center's Survivorship Program
Assistant Professor of Medicine
Harvard Medical School

Stewart B. Fleishman, MD

Former Founding Director
Cancer Support Services
Continuum Cancer Centers of New York
Author, Researcher in Oncology

Georgie Cusack, MS, RN, AOCNS

Director of Education and Patient Safety
National Heart, Lung and Blood Institute
Adjunct Nurse Leader
Nursing Research and Translational Science
Clinical Center
National Institutes of Health

Diana L. Bearden, MS, RD, CSO, LD, CNSC

Oncology Dietitian
Michael E. DeBakey VA Medical Center

Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

Director of Education and Training
CancerCare®