

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

**American Cancer Society**

[www.cancer.org](http://www.cancer.org); 1-800-227-2345

**American Psychosocial Oncology Society**

[www.apos-society.org](http://www.apos-society.org); 1-866-276-7443

**American Society of Clinical Oncology**

[www.cancer.net](http://www.cancer.net); 1-888-651-3038

**The Association for Molecular Pathology (AMP)**

[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

**Association of Clinicians for the Underserved**

[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

**Association of Oncology Social Work**

[www.aosw.org](http://www.aosw.org); 1-847-686-2233

**Black Women's Health Imperative**

[www.bwhi.org](http://www.bwhi.org); 1-202-548-4000

**Cancer Patient Education Network**

[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

**Cancer Support Community**

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

**Caregiver Action Network**

[www.caregiveraction.org](http://www.caregiveraction.org)

**Joe's House – A Lodging Guide for Cancer Patients**

[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

**Latinas Contra Cancer**

[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-888-LCC-8110

**The LGBT Cancer Project**

[www.lgbtcancer.org](http://www.lgbtcancer.org)

**LIVESTRONG Foundation**

[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

**Malecare**

[www.malecare.org](http://www.malecare.org); 1-212-673-4920

**MetaCancer Foundation**

[www.metacancer.org](http://www.metacancer.org)

**Multinational Association of Supportive Care in Cancer**

[www.mascc.org](http://www.mascc.org)

**National Association of Social Workers**

[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

**National Center for Frontier Communities**

[www.frontierus.org](http://www.frontierus.org); 1-575-534-0101

**National Coalition for Cancer Survivorship**

[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

**National Comprehensive Cancer Network® (NCCN®) –**

**NCCN Guidelines for Patients®**

[www.nccn.org/patients](http://www.nccn.org/patients)

**NeedyMeds**

[www.needymeds.org](http://www.needymeds.org); 1-800-503-6897

**Prostate Cancer Foundation**

[www.pcf.org](http://www.pcf.org); 1-800-757-CURE (2873)

**The Prostate Net**

[www.theprostatenet.org](http://www.theprostatenet.org)

**Research Advocacy Network**

[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

**Scott Hamilton CARES Foundation**

[www.scottcares.org](http://www.scottcares.org)

**Triage Cancer**

[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

**Us TOO Prostate Cancer Education & Support**

[www.ustoo.org](http://www.ustoo.org); 1-800-80-UsTOO (1-800-808-7866)

**Vital Options International**

[www.vitaloptions.org](http://www.vitaloptions.org)

**ZERO – The End of Prostate Cancer**

[www.zerocancer.org](http://www.zerocancer.org); 1-202-463-9455



CANCERCARE®

National Office  
275 Seventh Avenue  
New York, NY 10001

CANCERCARE CONNECT® EDUCATION WORKSHOP

## For Caregivers: Coping with Your Loved One's Metastatic Prostate Cancer

Thursday, November 5, 2020  
1:30 - 2:30 PM Eastern Time

A free CancerCare Connect® Education Workshop for people living with metastatic prostate cancer, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.



CANCERCARE®

Help and Hope

800-813-HOPE (4673)  
[www.cancercare.org](http://www.cancercare.org)  
[connect@cancercare.org](mailto:connect@cancercare.org)

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at **[www.cancercare.org/connect](http://www.cancercare.org/connect)**

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to **[www.cancercare.org/podcasts](http://www.cancercare.org/podcasts)**.

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to **[connect@cancercare.org](mailto:connect@cancercare.org)** after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

**This activity is supported by a charitable contribution from Janssen Pharmaceutical Companies of Johnson & Johnson and made possible by Clovis Oncology, Inc. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.**

## For Caregivers: Coping with Your Loved One's Metastatic Prostate Cancer

Thursday, November 5, 2020  
1:30 - 2:30 PM Eastern Time

### Workshop Topics

- The Important Role of the Caregiver with the Health Care Team
- Caring for Your Loved One with Metastatic Prostate Cancer, in the Context of COVID-19
- Tips on Working with the Health Care Team to Manage Your Loved One's Pain, Neuropathy and Discomfort
- Deciding to Become a Caregiver: The Unique Stresses and Rewards of Caregiving
- Stresses on Family, Friends and Loved Ones
- Long-Distance Caregiving
- Coping with Holidays, Birthdays & Special Occasions in the Context of COVID-19 with Social Distancing & Masks
- Managing Family, Friends, Partners and Traditions with Social Distancing
- The Increasing Role of Telemedicine/ Telehealth Appointments
- Guidelines to Prepare for These Appointments to Increase Their Benefits
- Key Questions to Ask Your Health Care Team about Quality-of-Life Concerns
- Self-Care and Stress Management Tips to Promote Caregiver Resilience
- Questions for Our Panel of Experts

## For Caregivers: Coping with Your Loved One's Metastatic Prostate Cancer

Thursday, November 5, 2020  
1:30 - 2:30 PM Eastern Time

### Speakers

#### Susan Slovin, MD, PhD

Attending Physician  
Genitourinary Oncology Service  
Sidney Kimmel Center for Prostate and Urologic Diseases  
Memorial Sloan Kettering Cancer Center  
Professor of Medicine  
Department of Medicine  
Weill College of Cornell University

#### Tamryn Gray, RN, PhD, MPH

Instructor in Medicine  
Dana-Farber Cancer Institute  
Brigham and Women's Hospital  
Harvard Medical School

#### Sharon Flynn, MS, RN, ANP-BC, AOCNS, BMTCN

Nurse Practitioner  
Nursing Research and Translational Science  
Clinical Center Nursing Department  
National Institutes of Health  
Clinical Research Center

#### Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

Director of Education and Training  
CancerCare®