

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

### Triple Negative Breast Cancer Foundation®

Helpline: 1-877-880-TNBC (8622)  
[www.tnbcfoundation.org/helpline](http://www.tnbcfoundation.org/helpline)

American Cancer Society  
American Psychosocial Oncology Society  
American Society of Clinical Oncology  
The Association for Molecular Pathology (AMP)  
Association of Clinicians for the Underserved  
Association of Oncology Social Work  
Black Women's Health Imperative  
The Breast Cancer Research Foundation  
BreastCancerTrials.org  
Cancer Patient Education Network  
Cancer Support Community  
Caregiver Action Network  
Hadassah  
Joe's House – A Lodging Guide for Cancer Patients  
Latinas Contra Cancer  
The LGBT Cancer Project  
Linda Creed Breast Cancer Organization  
LIVESTRONG Foundation  
Living Beyond Breast Cancer  
Men Against Breast Cancer  
MetaCancer Foundation  
Metastatic Breast Cancer Network  
Multinational Association of Supportive Care in Cancer  
National Association of Social Workers  
National Center for Frontier Communities  
National Coalition for Cancer Survivorship  
National Comprehensive Cancer Network® (NCCN®) –  
NCCN Guidelines®  
The National Witness Project, Inc.  
NeedyMeds  
Redes en Acción: The National Latino Cancer  
Research Network  
Research Advocacy Network  
Scott Hamilton CARES Foundation  
SHARE Cancer Support  
Sharsheret: The Jewish Breast & Ovarian Cancer  
Community  
Sisters Network® Inc. – A National African American  
Breast Cancer Survivorship Organization  
The Sister Study (Estudio de Hermanas)  
Susan G. Komen®  
Tigerlily Foundation  
Triage Cancer  
Vital Options International  
Young Survival Coalition



**CANCERCARE®**  
National Office  
275 Seventh Avenue  
New York, NY 10001

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## Life with Metastatic Triple Negative Breast Cancer

A Two-Part Series

Wednesdays

1:30 - 2:30 PM Eastern Time

October 14, 2020

October 28, 2020

A free CancerCare Connect® Education Workshop Series for people living with metastatic triple negative breast cancer, their families, partners, caregivers, friends and health care professionals

Listen to these workshops over the telephone or connect to our webcasts online.



Triple Negative  
Breast Cancer  
Foundation

and



**CANCERCARE®**

Help and Hope

800-813-HOPE (4673)  
[www.cancercare.org](http://www.cancercare.org)  
[connect@cancercare.org](mailto:connect@cancercare.org)

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to these workshops on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** Each program in this series has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. Each workshop in this series is approved for 1.0 Contact Hour.

**Registered Dietitians:** Each program in this series has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

**This program is made possible by the Triple Negative Breast Cancer Foundation®. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.**

## Life with Metastatic Triple Negative Breast Cancer

**Part I** **Wednesday, October 14, 2020**

### Coping with Metastatic Triple Negative Breast Cancer

#### Workshop Topics

- Updates on the Treatment of Metastatic Triple Negative Breast Cancer, in the Context of COVID-19
- Novel Treatment Approaches
- Clinical Trial Updates
- How Research Offers More Treatment Options
- Diagnostic Testing and Technologies: Why They Are So Important
- The Role of Precision Medicine in Improving Treatment Decisions
- Tips to Cope With & Control Symptoms, Side Effects & Pain
- Guidelines to Prepare for Telehealth/Telemedicine Appointments to Reduce Your Exposure to COVID-19
- Key Questions to Ask Your Health Care Team, including Quality-of-Life Concerns
- Practical Strategies to Cope with Metastatic Triple Negative Breast Cancer
- How to Find the Financial, Emotional & Social Supports to Cope
- Questions for Our Panel of Experts

#### Speakers

##### Generosa Grana, MD, FACP

Medical Director, MD Anderson Cancer Center at Cooper Division Head, Hematology & Medical Oncology  
The Cooper Health System  
Professor of Medicine, Cooper Medical School at Rowan University

##### Sara M. Tolaney, MD, MPH

Associate Director, Susan F. Smith Center for Women's Cancer  
Associate Director, Clinical Research, Breast Oncology  
Senior Physician, Dana-Farber Cancer Institute  
Assistant Professor of Medicine, Harvard Medical School

##### Hayley Dinerman, JD

Co-Founder and Executive Director  
Triple Negative Breast Cancer Foundation®

##### Lauren Chatalian, MSW

Women and Children's Program Manager, CancerCare®

## Life with Metastatic Triple Negative Breast Cancer

**Part II** **Wednesday, October 28, 2020**

### Caregiving for Your Loved One with Metastatic Triple Negative Breast Cancer

#### Workshop Topics

- Taking on the Role of Caregiving: Your Important Role in Decision Making
- What Research Tells Us about Caregivers
- Caregiving for Your Loved One with Metastatic Triple Negative Breast Cancer
- Guidelines for Social Distancing while Caregiving
- Challenges in Communicating with the Health Care Team
- The Increasing Role of Telehealth/Telemedicine Appointments
- Guidelines to Prepare for Telehealth/Telemedicine Appointments
- Coping with Each Day, On Special Occasions and Birthdays
- Managing Family and Friends, in the Context of COVID-19
- Long Distance Caregiving
- Self-Care Tips to Manage the Stress of Caregiving
- Questions for Our Panel of Experts

#### Speakers

##### Elizabeth J. Cathcart-Rake, MD

Staff Physician, Hematology/Oncology  
Saint Luke's Cancer Institute  
Saint Luke's Cancer Specialist in Breast Cancer

##### Stewart B. Fleishman, MD

Former Founding Director, Cancer Support Services  
Continuum Cancer Centers of New York  
Author, Researcher in Oncology

##### Sharon Flynn, MS, RN, ANP-BC, AOCNS, BMTCN

Nurse Practitioner, Nursing Research and Translational Science  
Clinical Center Nursing Department  
National Institutes of Health, Clinical Research Center

##### Hayley Dinerman, JD

Co-Founder and Executive Director  
Triple Negative Breast Cancer Foundation®

##### Lauren Chatalian, MSW

Women and Children's Program Manager, CancerCare®