

About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit www.cancercare.org or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

American Cancer Society

www.cancer.org; 1-800-227-2345

American Psychosocial Oncology Society

www.apos-society.org; 1-866-276-7443

American Society of Clinical Oncology

www.cancer.net; 1-888-651-3038

The Association for Molecular Pathology (AMP)

www.amp.org; 1-301-634-7939

Association of Clinicians for the Underserved

www.clinicians.org; 1-844-422-8247

Association of Oncology Social Work

www.aosw.org; 1-847-686-2233

Be The Match® Patient Support Center

www.bethematch.org/one-on-one; 1-888-999-6743

Black Women's Health Imperative

www.bwhi.org; 1-202-548-4000

Blood & Marrow Transplant Information Network

www.bmtinfonet.org; 1-888-597-7674

Bone Marrow & Cancer Foundation

www.bonemarrow.org; 1-800-365-1336

Cancer Patient Education Network

www.cancerpatienteducation.org

Cancer Support Community

www.cancersupportcommunity.org; 1-888-793-9355

Caregiver Action Network

www.caregiveraction.org

DKMS

www.dkms.org; 1-212-209-6700

Joe's House – A Lodging Guide for Cancer Patients

www.joeshouse.org; 1-877-563-7468

International Myeloma Foundation

www.myeloma.org; 1-800-452-CURE (2873)

Latinas Contra Cancer

www.latinascontracancer.org; 1-888-LCC-8110

The LGBT Cancer Project

www.lgbtcancer.org

LIVESTRONG Foundation

www.livestrong.org; 1-855-220-7777

MetaCancer Foundation

www.metacancer.org

Multinational Association of Supportive Care in Cancer

www.mascc.org

National Association of Social Workers

www.socialworkers.org; 1-202-408-8600

National Bone Marrow Transplant Link

www.nbmtlink.org; 1-800-LINK-BMT (1-800-546-5268)

National Center for Frontier Communities

www.frontierus.org; 1-575-534-0101

National Coalition for Cancer Survivorship

www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937)

National Comprehensive Cancer Network® (NCCN®) –

NCCN Guidelines for Patients®

www.nccn.org/patients

NeedyMeds

www.needy meds.org; 1-800-503-6897

Research Advocacy Network

www.researchadvocacy.org; 1-877-276-2187

Scott Hamilton CARES Foundation

www.scottcares.org

Triage Cancer

www.triagecancer.org; 1-424-258-4628

Vital Options International

www.vitaloptions.org



CANCERCARE®

National Office
275 Seventh Avenue
New York, NY 10001

CANCERCARE CONNECT® EDUCATION WORKSHOP

Life with Multiple Myeloma

A Two-Part Series

Thursdays

1:30 - 2:30 PM Eastern Time

June 11, 2020

June 25, 2020

A free CancerCare Connect® Education Workshop for people living with multiple myeloma, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.



CANCERCARE®

Help and Hope

800-813-HOPE (4673)

www.cancercare.org

connect@cancercare.org

What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

How do I participate?

You can listen to these workshops on the telephone or via live streaming through the Internet. Participation is free.

How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at www.cancercare.org/connect

After you have registered, you will receive additional information.

Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

Continuing Education Credits (Live Only)

Social Workers: Each program in this series has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. Each workshop in this series is approved for 1.0 Contact Hour.

Registered Dietitians: Each program in this series has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

Life with Multiple Myeloma

1:30 - 2:30 PM Eastern Time

Part I

Thursday, June 11, 2020

Progress in the Treatment of Multiple Myeloma

Workshop Topics

- Overview of Multiple Myeloma, in the Context of COVID-19
- Current Standard of Care
- New Treatment Approaches and the Role of Transplantation
- Clinical Trial Updates: How Research Contributes to Your Treatment Options
- Practical Tips for Symptom, Side Effects and Pain Management
- Reducing Complications of Bone Disease
- Lifestyle, Physical Activity & Mobility Tips to Improve Your Quality-of-Life
- Recommendations for How to Prepare for Telehealth Appointments with Your Health Care Team
- Questions for Our Panel of Experts

Speakers

Elizabeth K. O'Donnell, MD

Director, Lifestyle Clinic
Massachusetts General Hospital
Associate Director
Mass General Cancer Center's Survivorship Program
Assistant Professor of Medicine, Harvard Medical School

Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

Director of Education and Training
CancerCare®

This activity is supported by Takeda Oncology. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

Life with Multiple Myeloma

1:30 - 2:30 PM Eastern Time

Part II

Thursday, June 25, 2020

Coping with the Stresses of Caregiving for Your Loved One with Multiple Myeloma

Workshop Topics

- Overview of Multiple Myeloma
- Caregiving & Social Distancing, in the Context of COVID-19
- Taking on the Role of Caregiving: Your Important Role in Decision Making
- Caring for Your Loved One with Multiple Myeloma
- Challenges in Communicating with the Health Care Team
- Your Role in Adherence: Weekends, Holidays and Vacations
- Coping with Each Day, On Special Occasions, Anniversaries & Birthdays
- Managing Family, Friends & Traditions, in the Context of Social Distancing
- Long Distance Caregiving
- Self-Care Tips for Managing Stress
- Questions for Our Panel of Experts

Speakers

Elizabeth K. O'Donnell, MD

Director, Lifestyle Clinic, Massachusetts General Hospital
Associate Director
Mass General Cancer Center's Survivorship Program
Assistant Professor of Medicine, Harvard Medical School

Stewart B. Fleishman, MD

Former Founding Director, Cancer Support Services
Continuum Cancer Centers of New York
Author, Researcher in Oncology

Georgie Cusack, MS, RN, AOCNS

Director of Education and Patient Safety, Office of the Clinical Director, National Heart, Lung and Blood Institute
Adjunct Nurse Leader, Nursing Research and Translational Science
Clinical Center, National Institutes of Health

Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

Director of Education and Training, CancerCare®

This activity is supported by a charitable contribution from Janssen Pharmaceutical Companies of Johnson & Johnson. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.