About Us
Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).

CancerCare is pleased to collaborate with these organizations:

- American Cancer Society
  www.cancer.org; 1-800-227-2345
- American Psychosocial Oncology Society
  www.apos-society.org; 1-866-276-7443
- American Society of Clinical Oncology
  www.cancer.net; 1-888-653-3038
- The Association for Molecular Pathology (AMP)
  www.amp.org; 1-301-654-7939
- Association of Clinicians for the Underserved
  www.clinicians.org; 1-844-422-8247
- Association of Oncology Social Work
  www.aosw.org; 1-847-666-2233
- Be The Match® Patient Support Center
  www.bethematch.org; 1-888-999-6743
- Black Women’s Health Imperative
  www.bwhi.org; 1-800-548-4000
- Blood & Marrow Transplant Information Network
  www.bmtinfonet.org; 1-888-597-7674
- Bone Marrow & Cancer Foundation
  www.bonemarrow.org; 1-800-365-1336
- Cancer Patient Education Network
  www.cancerpatienteducation.org
- Cancer Support Community
  www.cancersupportcommunity.org; 1-888-793-9355
- Caregiver Action Network
  www.caregiveraction.org
- DKMS
  www.dkms.org; 1-212-209-6700
- Joe’s House – A Lodging Guide for Cancer Patients
  www.joeshouse.org; 1-877-563-7469
- International Myeloma Foundation
  www.myeloma.org; 1-800-452-CURE (2873)
- Latinas Contra Cancer
  www.latinascontracancer.org; 1-888-LCC-8110
- The LGBT Cancer Project
  www.lgbtcancer.org
- LIVESTRONG Foundation
  www.livestrong.org; 1-855-220-7777
- MetaCancer Foundation
  www.metacancer.org
- Multinational Association of Supportive Care in Cancer
  www.mascc.org
- National Association of Social Workers
  www.socialworkers.org; 1-202-408-8000
- National Bone Marrow Transplant Link
  www.nbmtlink.org; 1-800-LINK-BMT (1-800-546-5268)
- National Center for Frontier Communities
  www.frontierus.org; 1-877-534-0101
- National Coalition for Cancer Survivorship
  www.canceradvocacy.org; 1-877-448-1158
- National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients®
  www.nccn.org/patients
- NeedyMeds
  www.needymeds.org; 1-800-503-6897
- Research Advocacy Network
  www.researchadvocacy.org; 1-877-276-2387
- Scott Hamilton CARES Foundation
  www.scottcares.org
- Triage Cancer
  www.triagecancer.org; 1-424-258-4628
- Vital Options International
  www.vitaloptions.org

Life with Multiple Myeloma

A Two-Part Series

Thursdays
1:30 - 2:30 PM Eastern Time

June 11, 2020
June 25, 2020

A free CancerCare Connect® Education Workshop for people living with multiple myeloma, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.
What is a CancerCare Connect® Education Workshop?
CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

How do I participate?
You can listen to these workshops on the telephone or via live streaming through the Internet. Participation is free.

How do I register?
There are two ways to register:
• Call 800-813-HOPE (4673)
• Register online at www.cancercare.org/connect

Missed a CancerCare Connect® Education Workshop?
A listing of featured programs is available by calling 888-337-7533, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

Continuing Education Credits (Live Only)
Social Workers: Each program in this series has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.
CancerCare, Inc. is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. Each workshop in this series is approved for 1.0 Contact Hour.

Registered Dietitians: Each program in this series has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

Life with Multiple Myeloma
1:30 - 2:30 PM Eastern Time

Part I Thursday, June 11, 2020

Progress in the Treatment of Multiple Myeloma

Workshop Topics
• Overview of Multiple Myeloma, in the Context of COVID-19
• Current Standard of Care
• New Treatment Approaches and the Role of Transplantation
• Clinical Trial Updates: How Research Contributes to Your Treatment Options
• Practical Tips for Symptom, Side Effects and Pain Management
• Reducing Complications of Bone Disease
• Lifestyle, Physical Activity & Mobility Tips to Improve Your Quality-of-Life
• Recommendations for How to Prepare for Telehealth Appointments with Your Health Care Team
• Questions for Our Panel of Experts

Speakers
Elizabeth K. O'Donnell, MD
Director, Lifestyle Clinic
Massachusetts General Hospital

Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW
Director of Education and Training
CancerCare®

This activity is supported by Takeda Oncology. CancerCare’s application for continuing education credits for this program is supported by the Diana Napoli Fund.

Life with Multiple Myeloma
1:30 - 2:30 PM Eastern Time

Part II Thursday, June 25, 2020

Coping with the Stresses of Caregiving for Your Loved One with Multiple Myeloma

Workshop Topics
• Overview of Multiple Myeloma
• Caregiving & Social Distancing, in the Context of COVID-19
• Taking on the Role of Caregiving: Your Important Role in Decision Making
• Caring for Your Loved One with Multiple Myeloma
• Challenges in Communicating with the Health Care Team
• Your Role in Adherence: Weekends, Holidays and Vacations
• Coping with Each Day, On Special Occasions, Anniversaries & Birthdays
• Managing Family, Friends & Traditions, in the Context of Social Distancing
• Long Distance Caregiving
• Self-Care Tips for Managing Stress
• Questions for Our Panel of Experts

Speakers
Elizabeth K. O’Donnell, MD
Director, Lifestyle Clinic, Massachusetts General Hospital

Stewart B. Fleishman, MD
Former Founding Director, Cancer Support Services
CancerCare®

Georgie Cusack, MS, RN, AOCNS
Director of Education and Patient Safety, Office of the Clinical Director, National Heart, Lung and Blood Institute

Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW
Director of Education and Training, CancerCare®

This activity is supported by a charitable contribution from Janssen Pharmaceutical Companies of Johnson & Johnson. CancerCare’s application for continuing education credits for this program is supported by the Diana Napoli Fund.