

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

**Advanced Practitioner Society for Hematology and Oncology (APSHO)**

[www.apsho.org](http://www.apsho.org)

**American Cancer Society**

[www.cancer.org](http://www.cancer.org); 1-800-227-2345

**American Psychosocial Oncology Society**

[www.apos-society.org](http://www.apos-society.org)

**American Society of Clinical Oncology**

[www.cancer.net](http://www.cancer.net); 1-888-651-3038

**The Association for Molecular Pathology (AMP)**

[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

**Association of Clinicians for the Underserved**

[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

**Association of Oncology Social Work**

[www.aosw.org](http://www.aosw.org); 1-847-686-2233

**Black Women's Health Imperative**

[www.bwhi.org](http://www.bwhi.org); 1-202-548-4000

**Cancer Legal Resource Center (CLRC)**

[www.thedrlc.org/cancer/](http://www.thedrlc.org/cancer/); (866) THE-CLRC (843-2572)

**Cancer Patient Education Network**

[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

**Cancer Support Community**

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

**Caregiver Action Network**

[www.caregiveraction.org](http://www.caregiveraction.org)

**Intercultural Cancer Council**

[www.interculturalcancerCouncil.org](http://www.interculturalcancerCouncil.org)

**Joe's House – A Lodging Guide for Cancer Patients**

[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

**Latinas Contra Cancer**

[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-888-LCC-8110

**The LGBT Cancer Project**

[www.lgbtcancer.org](http://www.lgbtcancer.org)

**LIVESTRONG Foundation**

[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

**Multinational Association of Supportive Care in Cancer**

[www.mascc.org](http://www.mascc.org)

**National Association of Social Workers**

[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

**National Center for Frontier Communities**

[www.frontierus.org](http://www.frontierus.org); 1-575-534-0101

**National Coalition for Cancer Survivorship**

[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

**National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients®**

[www.nccn.org/patients](http://www.nccn.org/patients)

**NeedyMeds**

[www.needymeds.org](http://www.needymeds.org); 1-800-503-6897

**Prevent Cancer Foundation®**

[www.preventcancer.org](http://www.preventcancer.org); 1-800-227-2732

**Redes en Acción: The National Latino Cancer Research Network at UT Health San Antonio**

[www.redesenaccion.com](http://www.redesenaccion.com); 1-210-562-6500

**Research Advocacy Network**

[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

**Scott Hamilton CARES Foundation**

[www.scottcares.org](http://www.scottcares.org)

**Triage Cancer**

[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

**Vital Options International**

[www.vitaloptions.org](http://www.vitaloptions.org)



**CANCERCARE**

National Office  
275 Seventh Avenue  
New York, NY 10001

**CANCERCARE CONNECT® EDUCATION WORKSHOP**

## Caring for Your Loved One with Cancer

**Monday, April 3, 2023**

**1:30 - 2:30 PM Eastern Time**

A free CancerCare Connect® Education Workshop for caregivers of people living with cancer, their families, partners, people living with cancer, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.



**CANCERCARE**

Help and Hope

**800-813-HOPE (4673)**  
**[www.cancercare.org](http://www.cancercare.org)**  
**[connect@cancercare.org](mailto:connect@cancercare.org)**

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at **[www.cancercare.org/connect](http://www.cancercare.org/connect)**

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to **[www.cancercare.org/podcasts](http://www.cancercare.org/podcasts)**.

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to **[connect@cancercare.org](mailto:connect@cancercare.org)** after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

**This activity is supported by Bristol Myers Squibb and a grant from Genentech. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.**

## Caring for Your Loved One with Cancer

Monday, April 3, 2023  
1:30 - 2:30 PM Eastern Time

### Workshop Topics

- Definition of a Caregiver
- What Research Tells Us About Caregivers' Well Being
- Caregiving for an Older Adult
- Caregiving for a Younger Adult
- Couples, Partners, Siblings & Friends
- Challenges of Caregivers for Cancer Survivors
- Family, Partners & Friend Communication
- Care Coordinator Challenges & Tips
- Stresses on Family, Partners, Friends & Loved Ones
- Coping with Holidays, Birthday & Special Occasions
- Managing Family, Friends, Partners & Traditions
- Long-Distance Caregiving
- Practical Tips for Managing Caregivers' Stress
- Strategies for Self-Care
- Guidelines to Prepare for Telehealth/ Telemedicine Appointments, including Technology & Prepared List of Questions
- Questions for Our Panel of Experts

## Caring for Your Loved One with Cancer

Monday, April 3, 2023  
1:30 - 2:30 PM Eastern Time

### Speakers

#### Elaine Shum, MD

Assistant Professor  
Hematology and Medical Oncology  
Laura and Isaac Perlmutter Cancer Center  
NYU Langone Health

#### Guadalupe R. Palos, DrPH, MSW, RN

Former Clinical Protocol Administration Manager  
Office of Cancer Survivorship  
The University of Texas MD Anderson Cancer Center  
Author and Researcher in Health Care Disparities, Caregiving & Survivorship

#### Neena Kapoor-Hintzen, MSN, ANP-C

Supportive Care Nurse Practitioner  
Advanced Practice Provider Manager  
Supportive Care, Geriatric Oncology and Integrative Medicine  
Memorial Sloan Kettering Cancer Center

#### Stewart B. Fleishman, MD

Former Founding Director  
Cancer Support Services  
Continuum Cancer Centers of New York, now part of the Mt. Sinai Health System  
Author, Researcher in Oncology

#### Carolyn Messner, DSW, BCD, FAPOS, FAOSW

Senior Director of Education and Training  
CancerCare®