#### **About Us**

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).

CancerCare is pleased to collaborate with these organizations:

#### **Triple Negative Breast Cancer Foundation®**

Helpline: 1-877-880-TNBC (8622) www.tnbcfoundation.org/helpline

## Advanced Practitioner Society for Hematology and Oncology (APSHO)

**American Cancer Society** 

**American Psychosocial Oncology Society** 

**American Society of Clinical Oncology** 

The Association for Molecular Pathology (AMP)
Association of Clinicians for the Underserved

**Association of Oncology Social Work** 

Black Women's Health Imperative

BreastCancerTrials.org

**Cancer Legal Resource Center (CLRC)** 

**Cancer Patient Education Network** 

**Cancer Support Community** 

**Caregiver Action Network** 

Joe's House - A Lodging Guide for Cancer Patients

**Intercultural Cancer Council** 

**Latinas Contra Cancer** 

**The LGBT Cancer Project** 

**LIVESTRONG Foundation** 

**Living Beyond Breast Cancer** 

**Multinational Association of Supportive Care in Cancer** 

**National Association of Social Workers** 

**National Center for Frontier Communities** 

**National Coalition for Cancer Survivorship** 

National Comprehensive Cancer Network® (NCCN®) -

**NCCN Guidelines for Patients®** 

The National Witness Project, Inc.

NeedvMeds

**Prevent Cancer Foundation®** 

**Research Advocacy Network** 

**Scott Hamilton CARES Foundation** 

**SHARE Cancer Support** 

Sharsheret: The Jewish Breast & Ovarian Cancer Community

Sisters Network® Inc. – A National African American Breast Cancer Survivorship Organization

**Tigerlily Foundation** 

**TOUCH, The Black Breast Cancer Alliance** 

**Triage Cancer** 

**Vital Options International** 

Young Survival Coalition



# **EDUCATION WORKSHOP** CONNECT® CANCERCARE

## Living with Metastatic Triple Negative Breast Cancer

A Two-Part Series
Wednesdays
1:30 - 2:30 PM Eastern Time

October 26, 2022 November 16, 2022

A free CancerCare Connect® Education Workshop Series for people living with metastatic triple negative breast cancer, their families, partners, caregivers, friends and health care professionals

Listen to these workshops over the telephone or connect to our webcasts online.



Triple Negative Breast Cancer Foundation

and



800-813-HOPE (4673) www.cancercare.org connect@cancercare.org

### CANCERCARE CONNECT® EDUCATION WORKSHOP

# What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

#### **How do I participate?**

You can listen to these workshops on the telephone or via live streaming through the Internet. Participation is free.

#### How do I register?

There are two ways to register:

- Call 800-813-HOPE (4673)
- Register online at

www.cancercare.org/connect

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the Cancer Care website. Just log on to www.cancercare.org/podcasts.

#### **Continuing Education Credits (Live Only)**

Social Workers: Each program in this series has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. Each workshop in this series is approved for 1.0 Contact Hour.

Registered Dietitians: Each program in this series has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to **connect@cancercare.org** after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

This program is made possible by the Triple Negative Breast Cancer Foundation®, an educational grant from Daiichi Sankyo, a grant from Genentech and an independent grant from Merck & Co., Inc. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

# Part I Wednesday, October 26, 2022 Metastatic Triple Negative Breast Cancer

#### **Workshop Topics**

- Updates on the Treatment of Metastatic Triple Negative Breast Cancer, in the Context of COVID-19
- Novel Treatment Therapies
- Clinical Trial Updates
- How Research Offers Additional Treatment Options
- Biomarkers, Diagnostic Testing & Genomics: Why They Are So Important
- The Role of Precision Medicine in Improving Treatment Decisions
- · Sequencing of Treatments
- Tips to Prevent & Manage Side Effects, Symptoms, Discomfort & Pain
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, including Technology, Prepared List of Questions & Discussion of OpenNotes
- Key Questions to Ask Your Health Care Team, including Lifestyle & Quality-of-Life Concerns
- Practical Strategies to Cope with Metastatic Triple Negative Breast Cancer
- How to Find the Financial, Emotional & Social Supports to Cope
- Questions for Our Panel of Experts

#### **Speakers**

#### Kate Lathrop, MD

Associate Professor, Division of Hematology and Oncology, UT Health San Antonio, Breast Medical Oncology, Mays Cancer Center at UT Health San Antonio, Assistant Dean of Undergraduate Research, Long School of Medicine, UT Health San Antonio, Program Director, Medical Oncology and Hematology Fellowship Program, UT Health San Antonio, Program Director, San Antonio Breast Cancer Symposium (SABCS)

#### Anne Blaes, MD, MS

Professor of Medicine and Division Director, University of Minnesota, Division of Hematology, Oncology and Transplantation

Director of Cancer Survivorship Services and Translational Research,
Masonic Cancer Center (MCC), Member, Masonic Cancer Center (MCC)
Section Lead, Medical Oncology, Hematologist/Oncologist
Past Chair, America Society of Clinical Oncology's Cancer Survivorship
Committee, Member, Executive Board, Global Cardiooncology Society
Associate Editor, JACC Cardio-oncology

#### Kamel Abou Hussein, MD

Assistant Professor of Medicine, Cooper Medical School, Rowan University Adjunct Assistant Professor, MD Anderson Cancer Center, Department of Breast Medical Oncology

#### Hayley Dinerman, JD

Co-Founder and Executive Director
Triple Negative Breast Cancer Foundation®

Section Editor, Hem/Onc Today on Survivorship

#### Samantha Fortune, MSW

Women's Cancers Program Coordinator, Cancer Care®

#### Part II Wednesday, November 16, 2022

# For Caregivers: Coping with Your Loved One's Metastatic Triple Negative Breast Cancer

#### **Workshop Topics**

- Overview of Metastatic TNBC, in the Context of COVID-19
- The Important Role of the Caregiver in Communicating with the Health Care Team
- Your Important Role in Decision Making
- Taking on the Role of Caregiving
- What Research Tells Us about Caregivers
- Caregiving for Your Loved One with Metastatic Triple Negative Breast Cancer
- Challenges in Communicating with the Health Care Team
- Discussion of OpenNotes & Follow-Up Appointments
- Coping with Each Day, On Special Occasions and Birthdays
- Managing Family and Friends, in the Context of COVID-19
- Long Distance Caregiving
- Self-Care & Stress Management Recommendations to Manage the Stress of Caregiving
- Questions for Our Panel of Experts

#### **Speakers**

#### Marcela Mazo Canola, MD

Assistant Professor of Medicine Division of Hematology - Oncology Breast Medical Oncology UT Health San Antonio Mays Cancer Center

#### Guadalupe R. Palos, DrPH, MSW, RN

Former Clinical Protocol Administration Manager Office of Cancer Survivorship The University of Texas MD Anderson Cancer Center Author and Researcher in Caregiving, Health Care Disparities & Survivorship

#### Stewart B. Fleishman, MD

Former Founding Director Cancer Support Services Continuum Cancer Centers of New York Author and Researcher in Oncology

#### **Hayley Dinerman, JD**

Co-Founder and Executive Director Triple Negative Breast Cancer Foundation®

#### Samantha Fortune, MSW

Women's Cancers Program Coordinator Cancer Care®