About Us

Founded in 1944, Cancer*Care* is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All Cancer*Care* services are provided by oncology social workers and world-leading cancer experts. To learn more, visit **www.cancercare.org** or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

Triple Negative Breast Cancer Foundation® Helpline: 1-877-880-TNBC (8622) www.tnbcfoundation.org/helpline

Advanced Practitioner Society for Hematology and Oncology (APSHO) American Cancer Society American Psychosocial Oncology Society American Society of Clinical Oncology The Association for Molecular Pathology (AMP) Association of Clinicians for the Underserved **Association of Oncology Social Work Black Women's Health Imperative** BreastCancerTrials.org Cancer Legal Resource Center (CLRC) **Cancer Patient Education Network Cancer Support Community Caregiver Action Network** Joe's House – A Lodging Guide for Cancer Patients Intercultural Cancer Council Latinas Contra Cancer **The LGBT Cancer Project** LIVESTRONG Foundation Living Beyond Breast Cancer **Multinational Association of Supportive Care in Cancer National Association of Social Workers National Center for Frontier Communities National Coalition for Cancer Survivorship** National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients[®] The National Witness Project, Inc. **NeedyMeds** Prevent Cancer Foundation® **Research Advocacy Network Scott Hamilton CARES Foundation** SHARE Cancer Support **Sharsheret: The Jewish Breast & Ovarian Cancer** Community **Tigerlily Foundation Triage Cancer Vital Options International**

Young Survival Coalition



DUCATION WORKSHOP Π **CONNECT®** CANCERCARE

Triple Negative Breast Cancer: Coping with the Fear of Recurrence

Monday, September 19, 2022 1:30 - 2:30 PM Eastern Time

A free Cancer*Care* Connect[®] Education Workshop for people living with triple negative breast cancer, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.





800-813-HOPE (4673) www.cancercare.org connect@cancercare.org

CANCERCARE CONNECT® EDUCATION WORKSHOP

What is a CancerCare Connect[®] Education Workshop?

CancerCare Connect[®] Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

How do I register?

There are two ways to register:

- Call 800-813-HOPE (4673)
- Register online at

www.cancercare.org/connect

After you have registered, you will receive additional information.

Missed a CancerCare Connect[®] Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to **www.cancercare.org/podcasts.**

Continuing Education Credits (Live Only)

Social Workers: This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc.is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

This program is made possible by the Triple Negative Breast Cancer Foundation[®], an educational grant from Daiichi Sankyo, a grant from Genentech and an independent grant from Merck & Co., Inc. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

Triple Negative Breast Cancer: Coping with the Fear of Recurrence

Monday, September 19, 2022 1:30 - 2:30 PM Eastern Time

Workshop Topics

- Triple Negative Breast Cancer, in the Context of COVID-19 & Its Variants
- Fear of Recurrence
- Concerns that Cancer May Come Back
- Events that May Trigger Fear of Recurrence
- Living with Continuing Uncertainty
- Promoting Effective Health Care Communication
- Making Informed Treatment Choices
- Follow-Up Care
- Tips for Coping with Fear of Recurrence
- Balancing Reality with Stress Management Tips
- Using Mind Body Techniques to Cope with Fear of Recurrence
- How to Select the Mind Body Techniques that Are Best for You
- Communicating with Your Health Care Team about Quality-of-Life & Lifestyles Concerns
- Guidelines for Preparing for Telehealth/ Telemedicine Appointments, including Technology, Prepared List of Questions & OpenNotes Discussion
- Questions for Our Panel of Experts

Triple Negative Breast Cancer: Coping with the Fear of Recurrence

Monday, September 19, 2022 1:30 - 2:30 PM Eastern Time

Speakers

Halle C.F. Moore, MD

Director, Breast Oncology Program Taussig Cancer Institute Cleveland Clinic

Stewart B. Fleishman, MD

Former Founding Director Cancer Support Services Continuum Cancer Centers of New York Author, Researcher in Oncology

Karen Hurley, PhD

Psychologist - Hereditary Cancer Risk Clinical Member Cancer Prevention, Control & Population Research Program Case Comprehensive Cancer Center Cleveland Clinic

Hayley Dinerman, JD

Co-Founder and Executive Director Triple Negative Breast Cancer Foundation®

Lauren Chatalian, MSW Director of Advocacy

CancerCare®