

THE BIG "WHAT IF?" MANAGING THE FEAR OF RECURRENCE

COPING CIRCLE WORKSHOP



Free, virtual workshop for those managing the fear of cancer recurrence.



Led by a CancerCare oncology social worker, this workshop will provide educational information and coping strategies for managing fears of cancer returning post-treatment.

This virtual workshop is open to national clients and is free, but pre-registration via Zoom is required.

This workshop is sponsored by Novartis.



DATE & TIME

THURSDAY, AUGUST 29, 2024, FROM 12 - 1 P.M.

This workshop aims to address and provide support for those affected by cancer who are managing the fear of recurrence. Through a combination of psychoeducational content, practical coping strategies and interactive discussion, participants will learn how to navigate this fear and find hope and resilience in their cancer experience.

For more information or to register, contact Nikki Molfetas, LSW, at nmolfetas@cancercare.org or 201-301-6805.

Register today!

