



Registration Form November 9, 2019

NAME: _____

STREET: _____

CITY: _____

STATE: _____ ZIP CODE: _____

PHONE: _____

(Please include area code)

Number of People Attending: _____

Indicate Workshop Selection Below:

1:00 PM (Choose One)

- _____ Managing Pain and Other Symptoms
- _____ Cook for Your LIFE:
Putting Good Nutrition on Your Plate
- _____ Legal Issues and Cancer

2:15 PM (Choose One)

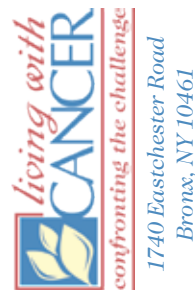
- _____ Meditation and Yoga to Manage
the Stress of Cancer
- _____ Your New Normal: Exercise for Fitness
and Well Being After Treatment
- _____ Spirituality and Coping

Please Complete and Return to:

CancerCare

275 Seventh Avenue, New York, NY 10001
Attn: Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW,
LCSW-R, Director of Education and Training

Early registration suggested due to limited space.
For further information, call: (212) 712-8368



29th Annual Conference



*A free conference for
people living with cancer,
their families, partners, friends
& health care professionals.*



**Saturday, November 9, 2019
9:15 AM – 3:30 PM**



Conference held at:
**The Kimmel Center for University
and Student Life**
60 Washington Square South
New York, NY 10012

*There is no cost for attending
this Conference.*



*The Twenty-Ninth Annual **Living with
Cancer Conference** is planned to
benefit individuals, families, partners,
friends, and caregivers directly affected
by cancer, as well as community health
care professionals. This Conference is free
of charge and offers information and
practical tips to help confront the
day-to-day challenges of living with cancer.*

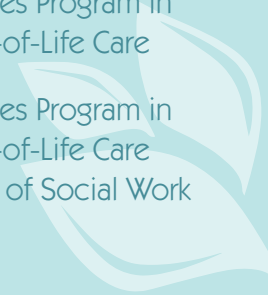
Key Topics Include:

- Reflections by Survivors
- Trends in Oncology, Supportive
& Palliative Care
- Managing Pain and Other Symptoms
- Cook for Your Life: Putting Good Nutrition
on Your Plate
- Legal Issues and Cancer
- Meditation and Yoga
- Your New Normal: Exercise For Fitness
and Well Being After Treatment
- Spirituality and Coping

*CancerCare, Diana Napoli Fund, NYU Silver School of
Social Work, Zelda Foster Studies Program in Palliative
and End-of-Life Care NYU Silver School of Social Work
and Calvary Hospital have generously underwritten
the conference expenses.*

Sponsored by:

- American Cancer Society
- Breast Examination Center of Harlem
- Calvary Hospital
- CancerCare
- Gilda's Club New York City
- Memorial Sloan Kettering Cancer Center
- Montefiore Einstein Center for
Cancer Care
- Mount Sinai Downtown – Union Square
Cancer Center
- Laura and Isaac Perlmutter Cancer Center
at NYU Langone Health
- NYU Silver School of Social Work
- SHARE
- The Tisch Cancer Institute at The Icahn
School of Medicine at Mount Sinai
- VA New York Harbor Healthcare System
Brooklyn Campus
- Zelda Foster Studies Program in
Palliative and End-of-Life Care
- Zelda Foster Studies Program in
Palliative and End-of-Life Care
NYU Silver School of Social Work



Conference Schedule

Saturday, November 9, 2019

9:15 AM

REGISTRATION & CONTINENTAL BREAKFAST

10:00 AM

WELCOME

Benjamin R. Sher, MA, LMSW
Carolyn Messner, DSW, OSW-C, FAPOS,
FAOSW, LCSW-R

10:10 AM

KEYNOTE ADDRESS
REFLECTIONS BY SURVIVORS
TBA

10:30 AM

NEW TRENDS IN ONCOLOGY
Tarek Elrafei, MD

NEW TRENDS IN SUPPORTIVE & PALLIATIVE CARE
Judith Nelson, MD

11:30 AM

QUESTIONS AND ANSWERS

12:15 PM

LUNCH

Breakfast and lunch are sponsored by the generosity of CancerCare, Diana Napoli Fund, NYU Silver School of Social Work and Zelda Foster Studies Program in Palliative and End-of-Life Care NYU Silver School of Social Work

1:00 PM – CONCURRENT WORKSHOPS

MANAGING PAIN AND OTHER SYMPTOMS
Eugene Cauvin, DNP, FNP-BC, ACHPN, CPE
Alice B. Fox, DrPH, PA-C
Ryan J. Smith, MS, L.Ac

Darren Arthur, MSW, LCSW, OSW-C, Moderator

**COOK FOR YOUR LIFE:
PUTTING GOOD NUTRITION ON YOUR PLATE**
Ann Ogden Gaffney

Jamie Shapiro LCSW, Moderator

LEGAL ISSUES AND CANCER
Domna Antoniadis, JD

Carolyn Messner, DSW, OSW-C, FAPOS,
FAOSW, LCSW-R, Moderator

2:15 PM – CONCURRENT WORKSHOPS

**MEDITATION AND YOGA TO MANAGE
THE STRESS OF CANCER**
Jara Weiss Nadler, RN, BA, E-RYT
Roberta Schine

Benjamin R. Sher, MA, LMSW, Moderator

**YOUR NEW NORMAL: EXERCISE FOR FITNESS
AND WELL BEING AFTER TREATMENT**
Jacqueline Willacy, PT, DPT
Amanda J. Palmeri, PT, DPT

Katrina Rawlins, Esq. & Susan Olivera-Pepin,
Moderators

SPIRITUALITY AND COPING
Anahi Galante, LCSW, M.Div., Seminarian
Louisa Daratsos, PhD, LCSW, Moderator

Keynote Speakers

Our keynote speakers, TBA, will share their own personal experiences with cancer and will highlight what was and is helpful in their personal journey.

CONFERENCE SPEAKERS

Darren Arthur, MSW, LCSW, OSW-C
Oncology Clinical Social Worker
Mount Sinai Downtown – Union Square Cancer Center

Rosemary Perez-Bell, MUA
Health Systems Manager, Hospitals
American Cancer Society, Inc., Northeast Region

Eugene Cauvin, DNP, FNP-BC, ACHPN, CPE
Clinical Director Pain Medicine and Palliative Care
Team Member, White Plains Hospital

Louisa Daratsos, PhD, LCSW
Psychosocial Coordinator for Oncology/Palliative Care
VA New York Harbor Healthcare System Brooklyn Campus
Community and Social Service

Tarek Elrafei, MD
Chief of Oncology and Hematology
Jacobi Medical Center
Albert Einstein College of Medicine

Alice B. Fox, DrPH, PA-C
Palliative Medicine Specialist

Ann Ogden-Gaffney
Cook for Your Life, Founder and Food Advocate

Anahi Galante, LCSW
NYU's MSW 2014-2018 Zelda Foster Fellow
Interfaith Minister
M.Div. Seminarian at Bexley-Seabury Seminary
Psychotherapist, CHE Behavioral Health Services

Susan Gerbino, PhD, LCSW
Clinical Professor
Director, Zelda Foster Studies Program in Palliative and End-of-Life Care, NYU Silver School of Social Work

**Carolyn Messner, DSW, OSW-C, FAPOS,
FAOSW, LCSW-R**
Director of Education and Training
CancerCare

Jara Weiss Nadler, RN, BA, E-RYT
Lifestyle Nurse Coach
Meditation & Yoga Facilitator
Reiki Master, Polarity Therapist
Healing in Nature Guide

Judy Nelson, MD, JD
Chief, Supportive Care Service
Memorial Sloan Kettering Cancer Center

Amanda J. Palmeri, PT, DPT
Senior Physical Therapist
Board Certified Women's Health Clinical Specialist
Rusk Rehabilitation, NYU Langone Health

Roberta Schine
Certified Kripalu Yoga Instructor
Yoga Instructor to People with Cancer & Movement Disorders
Mount Sinai Downtown – Union Square & Mount Sinai
Chelsea Cancer Centers

Jamie Shapiro, LCSW
Program Coordinator, Outreach & Community Partners
Gilda's Club New York City

Ryan J. Smith, MS, L.Ac.
Licensed Acupuncturist
5 Point Acupuncture

Jacqueline Willacy, PT, DPT
Senior Physical Therapist
Board Certified Women's Health Clinical Specialist
Rusk Rehabilitation, NYU Langone Health

Dawn Zador
Senior Education Program Manager
CancerCare
Founder, Living with Cancer Conference

Planning Committee

Darren Arthur, MSW, LCSW, OSW-C
Mount Sinai Downtown – Union Square, Cancer Center

Rosemary Perez-Bell, MUA
American Cancer Society, Inc., Northeast Region

Louisa Daratsos, PhD, LCSW
VA New York Harbor Healthcare System Brooklyn Campus

Susan B. Gerbino, PhD, LCSW
Zelda Foster Studies Program in Palliative and End-of-Life Care NYU Silver School of Social Work

Danielle Iavarone, MPA
Laura and Isaac Perlmutter Cancer Center at NYU Langone Health

Lina Jandorf, MA
Icahn School of Medicine at Mount Sinai

**Carolyn Messner, DSW, OSW-C, FAPOS,
FAOSW, LCSW-R**
CancerCare

Susan Olivera-Pepin
American Cancer Society, Inc., Northeast Region

Katrina Rawlins, Esq.
Breast Examination Center of Harlem,
Memorial Sloan Kettering Cancer Center

Rachael L. Rennich
Laura and Isaac Perlmutter Cancer Center
at NYU Langone Health

Alyson Moadel-Robblee, PhD
Albert Einstein College of Medicine,
BOLD Cancer Wellness Program

Ivis Febus-Sampayo, SHARE

Jamie Shapiro, LCSW, Gilda's Club New York City

Benjamin R. Sher, MA, LMSW
NYU Silver School of Social Work

Tony Susi, ACSW, ACHP-SW
Calvary Hospital Hospice Program

Dawn Zador
CancerCare