

FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by professional oncology social workers and are offered completely free of charge. To learn more, visit www.cancercare.org.

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CancerCare® National Office **275 Seventh Avenue** New York, NY 10001 800-813-HOPE (4673)



Yoga in Costume! Tuesday, October 30, 2018



CancerCare is inviting children, teens and their parents or caregivers that have been affected by cancer to an exciting Halloween Event featuring a free family yoga class and arts & crafts activity.

Feel free to join in costume!

CancerCare is partnering with Cheri Fandozzi, certified children's and adult yoga teacher to provide this family yoga class. Cheri has years of experience specializing in yoga for children from preschoolers to teens. She has also lead teacher trainings for parents, school teachers and aspiring children's yoga teachers. Children will have the opportunity to connect with peers while learning relaxation techniques and enhancing their sense of inner strength and calmness in a fun atmosphere.

TIME

4:00 - 6:00 p.m.

LOCATION

The Yoga Collective NYC

135 West 29th Street 6th Floor, Room #603 New York, NY 10001



FOR MORE INFORMATION OR TO REGISTER

Contact Sarah Paul, LCSW, Child and AYA Program Manager at spaul@cancercare.org or 212-712-6130.

Event is free, but registration is required.