

## FREE PROFESSIONAL **SUPPORT SERVICES**

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by professional oncology social workers and are offered completely free of charge. To learn more, visit www.cancercare.org.

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Cancer Care® National Office **275 Seventh Avenue** New York, NY 10001 800-813-HOPE (4673)



# Worry Workshop: Celebrate Your Courage!

Thursday, October 4, 2018

It is normal for kids to have worries, but when mom or dad has cancer, they may feel confused, worried, sad or angry. This workshop will assist children in discovering new tools to help them cope with their parent's cancer diagnosis and celebrate their courage.

#### WHO CAN ATTEND?

Children (ages 5 and up) who have a parent/guardian with cancer, along with the adult who has cancer and their partner/spouse.

#### TIME

5:30 p.m. – 7:00 p.m.

#### **LOCATION**

The Robert and Audrey Luckow Pavilion One Valley Health Plaza Paramus, NJ 07652

### FOR MORE INFORMATION, CONTACT

Ariana Parmese, Regional Coordinator, CancerCare at aparmese@cancercare.org or 800-813-4673 ext. 6808 OR Brooke Laster, LCSW, at blaster@valleyhealth.com or 201-634-5787.

Pizza and refreshments will be served. Space is limited, registration is required.

In collaboration with





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