



CANCERcare[®]
Help and Hope

FREE PROFESSIONAL SUPPORT SERVICES


CancerCare helps individuals, families, caregivers, and the bereaved better cope with and manage the emotional and practical challenges arising from cancer. Our services include counseling and support groups, educational publications and workshops, and financial assistance. All of our services are provided by professional oncology social workers and are offered completely free of charge. To learn more, visit www.cancercare.org.

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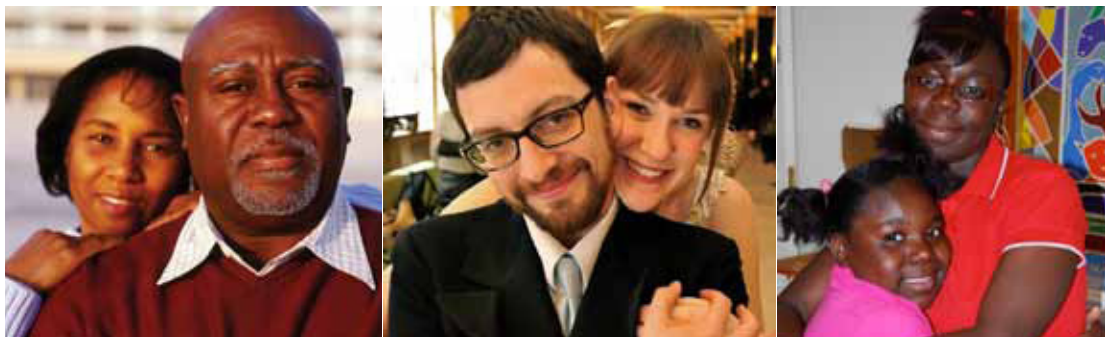
 BLOG www.copelink.org

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Caring for the Caregiver

It's a Marathon Not a Sprint



This workshop will provide caregivers with practical tips and information about:

- Thriving throughout a cancer diagnosis and treatment
- Improving communication and connecting with your loved one
- Discussing difficult topics
- Developing self-care strategies
- Creating balance while navigating the caregiver role

Date: Monday, June 25, 2012

Time:

5:30-7:00 pm - Workshop

7:00-7:30 pm - Refreshments and networking

Location:

CancerCare, 275 7th Ave., 22nd Fl. New York, NY 10001

Contact:

Chrissy Rubin, LMSW at 212-712-6139

Pre-registration is required and space is limited.

This workshop is presented in collaboration with:



EXCELLENCE IN
PSYCHOSOCIAL ONCOLOGY

