



## Registration Form July 22, 2017

NAME: \_\_\_\_\_

STREET: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE: \_\_\_\_\_

(Please include area code)

Number of People Attending: \_\_\_\_\_

### Indicate Workshop Selection Below:

#### 1:00 PM (Choose One)

\_\_\_\_\_ Managing Pain and Other Symptoms

\_\_\_\_\_ Cook for Your LIFE:  
Putting Good Nutrition on Your Plate

\_\_\_\_\_ Legal Issues and Cancer

#### 2:15 PM (Choose One)

\_\_\_\_\_ Meditation and Yoga to Manage the Stress  
of Cancer

\_\_\_\_\_ Your New Normal:  
Health and Wellness after Treatment

\_\_\_\_\_ Spirituality and Coping

#### Please complete and return to:

CancerCare  
275 Seventh Avenue  
New York, NY 10001

Attn: Carolyn Messner, DSW, OSW-C, FAPOS, LCSW-R  
Director of Education and Training

Early registration suggested due to limited space.

For further information, call: (212) 712-8368



## 27th Annual Conference



*A free conference for  
people living with cancer,  
their families, partners, friends  
& health care professionals.*



**Saturday, July 22, 2017  
9:15 AM – 3:30 PM**



Conference held at:

**Jacobi Conference Center  
NYC Health + Hospitals/Jacobi**  
1400 Pelham Parkway South  
Building 4, 2nd Floor  
Bronx, NY 10461



*The Twenty-Seventh Annual **Living with Cancer Conference** is planned to benefit individuals, families, partners, friends, and caregivers directly affected by cancer, as well as community health care professionals. This Conference is free of charge and offers information and practical tips to help confront the day-to-day challenges of living with cancer.*

### *Key Topics Include:*

Current and Future Trends in Oncology

Legal Issues and Cancer

Managing Pain and Other Symptoms

Putting Good Nutrition on Your Plate

Reflections by Survivors

Spirituality and Coping

Yoga and Meditation

Your New Normal:  
Health and Wellness after Treatment

*NYC Health + Hospitals/Jacobi and Calvary Hospital  
have generously underwritten the Conference expenses.*

## Sponsored by:

- American Cancer Society
- Breast Examination Center of Harlem
- Calvary Hospital
- CancerCare
- Gilda's Club New York City
- The Leukemia & Lymphoma Society, New York City Chapter
- Memorial Sloan Kettering Cancer Center
- Montefiore Einstein Center for Cancer Care
- Mount Sinai Beth Israel – Cancer Centers of New York
- NYC Health + Hospitals/Jacobi
- Perlmutter Cancer Center at NYU Langone Medical Center
- SHARE
- The Tisch Cancer Institute at The Icahn School of Medicine at Mount Sinai
- VA New York Harbor Healthcare System Brooklyn Campus

*There is no cost for  
attending this conference.*



# Conference Schedule

Saturday, July 22, 2017

9:15 AM

REGISTRATION & CONTINENTAL BREAKFAST

10:00 AM

WELCOME

Walter Dusseldorp, MBA, FACHE  
Carolyn Messner, DSW, OSW-C, FAPOS, LCSW-R

10:10 AM

KEYNOTE ADDRESS  
REFLECTIONS BY SURVIVORS  
TBA

10:30 AM

NEW TRENDS IN ONCOLOGY  
Emerging Treatments, Supportive Care  
& Survivorship

Richard J. Gralla, MD  
Tarek Elrafei, DO

11:30 AM

QUESTIONS AND ANSWERS

12:15 PM

LUNCH

Breakfast and lunch are sponsored by  
NYC Health + Hospitals/Jacobi.

1:00 PM – CONCURRENT WORKSHOPS

**MANAGING PAIN AND OTHER SYMPTOMS**

Eugene Cauvin, DNP, FNP-BC, ACHPN, CPE  
Alice B. Fox, DrPH, PA-C  
Ryan J. Smith, MS, L.Ac

Darren Arthur, MSW, LCSW, OSW-C &  
Gunjan Koul, RN, Moderators

**COOK FOR YOUR LIFE:  
PUTTING GOOD NUTRITION ON YOUR PLATE**

Ann Ogden Gaffney  
Emily Riordan, LMSW, Moderator

**LEGAL ISSUES AND CANCER**

Deborah Wolf, Esq.  
Carolyn Messner, DSW, LCSW-R &  
Maria Castaldi, MD, FACS, Moderators

2:15 PM – CONCURRENT WORKSHOPS

**MEDITATION AND YOGA TO MANAGE  
THE STRESS OF CANCER**

Roberta Schine  
Jara T. Weiss, RN, BA, E-RYT  
Tony Susi, ACSW, ACHP-SW &  
Dawn Zador, Moderators

**YOUR NEW NORMAL:  
HEALTH AND WELLNESS AFTER TREATMENT**

Jacqueline Willacy, PT, DPT  
Olesya Yevdayev, PT, DPT  
Katrina Rawlins, Esq. &  
Susan Olivera-Pepin, Moderators

**SPIRITUALITY AND COPING**

Justin Laszlo von Bujdoss  
Anahi Galante, MSW  
Louisa Daratsos, PhD, LCSW &  
Ladysbelle Garcia, MSW, LCSW, Moderators

# Keynote Speakers

Our keynote speakers, TBA, will share their own personal experiences with cancer and will highlight what was and is helpful in their personal journey.

## CONFERENCE SPEAKERS

**Darren Arthur, MSW, LCSW, OSW-C**  
Oncology Clinical Social Worker  
Mount Sinai Downtown – Union Square, Cancer Center

**Justin Laszlo von Bujdoss**  
Buddhist Priest – Tibetan Tradition  
New York City Department of Correction, Staff Chaplain

**Maria Castaldi, MD, FACS**  
Director, Breast Health Center, NYC Health + Hospitals/Jacobi  
Associate Professor of Clinical Surgery  
Albert Einstein College of Medicine

**Eugene Cauvin, DNP, FNP-BC, ACHPN, CPE**  
Clinical Director Pain Medicine and Palliative Care  
Team Member, White Plains Hospital

**Louisa Daratsos, PhD, LCSW**  
Psychosocial Coordinator for Oncology/Palliative Care  
VA New York Harbor Healthcare System  
Brooklyn Campus, Community and Social Service

**Walter Dusseldorp, MBA, FACHE**  
Associate Executive Director, Ambulatory Services  
NYC Health + Hospitals/Jacobi

**Tarek Elrafei, D.O.**  
Division Chief, Hematology-Medical Oncology  
NYC Health + Hospitals/Jacobi  
Assistant Professor, Albert Einstein College of Medicine

**Alice B. Fox, DrPH, PA-C**  
Palliative Medicine Specialist

**Ann Ogden Gaffney**  
Founder, Cook for Your LIFE

**Anahi Galante, LMSW**  
Interfaith Minister, NYU Zelda Foster Fellow  
Bilingual Recovery Counselor, SPOP/PROS  
Group Facilitator, Lesbian Cancer Initiative  
LGBT Center

**Ladysbelle Garcia, MSW, LCSW**  
Oncology Social Worker, NYC Health + Hospitals/Jacobi

**Richard J. Gralla, MD, FACP**  
Professor of Medicine, Albert Einstein College of Medicine

**Lina Jandorf, MA**  
Professor of Oncological Sciences,  
Cancer Prevention and Control  
Icahn School of Medicine at Mount Sinai

**Gunjan Koul, RN**  
Patient Access Manager  
The Leukemia & Lymphoma Society, NYC Chapter

**Carolyn Messner, DSW, OSW-C, FAPOS, LCSW-R**  
Director of Education and Training, CancerCare

**Susan Olivera-Pepin**  
Health Systems Manager, Hospitals, Eastern Division  
American Cancer Society

**Emily Riordan, LMSW**  
Program Coordinator, Outreach & Education  
Gilda's Club New York City

**Roberta Schine**  
Certified Kripalu Yoga Instructor

**Ryan J. Smith, MS, L.Ac**  
Licensed Acupuncturist, 5 Point Acupuncture

**Tony Susi, ACSW, ACHP-SW**  
Director of Supportive Services  
Calvary Hospital Hospice Program

**Jara T. Weiss, RN, BA, E-RYT**  
Health & Wellness Coach, Yoga Educator  
Reiki Healer, Polarity Therapist

**Jacqueline Willacy, PT, DPT**  
Senior Physical Therapist, Outpatient Physical Therapy  
RUSK Rehabilitation, NYU Langone Medical Center

**Deborah Wolf, Esq.**  
Supervising Attorney, LegalHealth  
New York Legal Assistance Group (NYLAG)

**Olesya Yevdayev, PT, DPT**  
Physical Therapist, Outpatient Physical Therapy  
RUSK Rehabilitation, NYU Langone Medical Center

**Dawn Zador**  
Senior Education Program Manager, CancerCare

# Planning Committee

**Darren Arthur, MSW, LCSW, OSW-C**  
Mount Sinai Downtown – Union Square, Cancer Center

**Kemi Bolutayo, MA, CHES**  
Icahn School of Medicine at Mount Sinai

**Maria Castaldi, MD, FACS**  
NYC Health + Hospitals/Jacobi  
Albert Einstein College of Medicine

**Louisa Daratsos, PhD, LCSW**  
VA New York Harbor Healthcare System, Brooklyn Campus

**Ladysbelle Garcia, MSW, LCSW**  
NYC Health + Hospitals/Jacobi

**Danielle Iavarone, MPA**  
Perlmutter Cancer Center at NYU Langone Medical Center

**Lina Jandorf, MA**  
Icahn School of Medicine at Mount Sinai

**Gunjan Koul, RN**  
The Leukemia & Lymphoma Society, NYC Chapter

**Carolyn Messner, DSW, OSW-C, FAPOS, LCSW-R**  
CancerCare

**Susan Olivera-Pepin**  
Health Systems Manager, Hospitals, Eastern Division  
American Cancer Society

**Laura Ortiz, MA**  
Montefiore Einstein Center for Cancer Care

**Katrina Rawlins, Esq.**  
Breast Examination Center of Harlem  
Memorial Sloan Kettering Cancer Center

**Rachael L. Rennich**  
Perlmutter Cancer Center at NYU Langone Medical Center

**Emily Riordan, LMSW**  
Gilda's Club New York City

**Ivis Sampayo**  
SHARE

**Tony Susi, ACSW, ACHP-SW**  
Calvary Hospital Hospice Program

**Dawn Zador**  
CancerCare