




**CANCERcare**<sup>®</sup>  
Help and Hope

## FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by professional oncology social workers and are offered completely free of charge. To learn more, visit [www.cancercare.org](http://www.cancercare.org).

## CONNECT WITH US

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**CancerCare<sup>®</sup> National Office**  
275 Seventh Avenue  
New York, NY 10001  
800-813-HOPE (4673)



## 2nd Annual Spring Kickoff Tuesday, March 28, 2017

**CancerCare is inviting children, teens and families that have been affected by cancer to an exciting Spring Kickoff featuring a family martial arts class and arts and crafts activity! Children will have the opportunity to connect with peers while increasing confidence and coping skills in a fun and relaxing atmosphere.**

CancerCare is partnering with Esther Yang, Second Degree Black Belt in Seido Karate and Executive Director of Simple Healthy Living and Super Happy Healthy Kids, to provide this family martial arts class.

**TIME**  
5:00–6:30 p.m.

**LOCATION**  
CancerCare's National Office  
275 Seventh Avenue  
New York, NY 10001

This event is for children ages 5 and up, teens and their parents or caregivers. We ask that participants dress in loose fitted clothing such as, sweatpants or yoga pants (no shorts or tank tops please). T-shirts will be provided. Light snacks and beverages will be served.

**FOR MORE INFORMATION OR TO REGISTER**, please email [cckids@cancercare.org](mailto:cckids@cancercare.org) or call Ahuva Morris, LCSW at 212-712-8365 or Sarah Paul, LMSW at 212-712-6130.

**Event is free of charge but pre-registration is required. Space is limited.**

**CancerCare**  
for   
**kids**