



**CANCERcare®**  
Help and Hope

## FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by professional oncology social workers and are offered completely free of charge. To learn more, visit [www.cancercare.org](http://www.cancercare.org).

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**CancerCare® National Office**  
275 Seventh Avenue  
New York, NY 10001  
800-813-HOPE (4673)



# Summer Wellness Event for Kids

## Wednesday, July 27, 2016

**CancerCare is inviting all children, teens and families that have been affected by cancer to an exciting summer event featuring a free family yoga class and arts & crafts activity!**

CancerCare is partnering with Esther Yang, Executive Director of Simple Healthy Living and Super Happy Healthy Kids and yoga teacher, to provide this family yoga class. Children will have the opportunity to connect with peers while learning relaxation techniques and enhancing their sense of inner strength and calmness in a fun atmosphere.

### TIME

5:00 – 6:45 p.m.

### LOCATION

CancerCare's National Office  
275 Seventh Avenue  
New York, NY 10001



Please note this event is for children ages 5 and up, teens and their parents or caregivers. We ask that participants dress in loose fitted clothing such as sweatpants or yoga pants (no shorts or tank tops please). Light snacks and beverages will be served.

Event is free of charge but pre-registration is required.  
Space is limited

**FOR MORE INFORMATION OR TO REGISTER**, please email [cckids@cancercare.org](mailto:cckids@cancercare.org) or call Ahuva Morris, LMSW at 212-712-8365 or Sarah Paul, LMSW at 212-712-6130.