



**CANCERcare**<sup>®</sup>  
Help and Hope

## FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by professional oncology social workers and are offered completely free of charge. To learn more, visit [www.cancercare.org](http://www.cancercare.org).

## CONNECT WITH US



**FACEBOOK**  
[www.facebook.com/cancercare](http://www.facebook.com/cancercare)



**BLOG**  
[www.cancercare.org/blog](http://www.cancercare.org/blog)



**YOUTUBE**  
[www.youtube.com/cancercareinc](http://www.youtube.com/cancercareinc)



**TWITTER**  
@cancercare

**CancerCare<sup>®</sup> National Office**  
275 Seventh Avenue  
New York, NY 10001  
800-813-HOPE (4673)



# Healing *Write* Workshop

## Monday Evenings

## November 9 and 16, 2015

**Studies have indicated the power of the written word and its ability to foster inner strength. This 2-day workshop will offer an opportunity for self-reflection and expression. Participants will cultivate their inner voice and develop skills that will help them write their story and begin the journey toward healing. The group is open to anyone who has been touched by cancer.**

### TIME

5:00 – 7:00 p.m.

### LOCATION

CancerCare's National Office  
275 Seventh Avenue  
New York, NY 10001

***We write to taste  
life twice, in the  
moment and in  
retrospection.***

-Anais Nin

### FOR MORE INFORMATION, CONTACT

Glenn Meuche, LCSW, CancerCare at **212-712-6138** or  
[gmeuche@cancercare.org](mailto:gmeuche@cancercare.org).

**This program is free, but pre-registration is required.**