

FREE PROFESSIONAL **SUPPORT SERVICES**

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include counseling, support groups, educational publications, workshops and financial assistance. All of our services are provided by professional oncology social workers and are offered completely free of charge. To learn more, visit www.cancercare.org.

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CancerCare® National Office 275 Seventh Avenue New York, NY 10001 800-813-HOPE (4673)

Ways to Wellness April 24, 2014 and May 29, 2014

Cancer Care presents a series of two educational and discussion workshops on Ways to Wellness. These workshops will offer those affected by cancer an opportunity to hear from speakers on topics that promote wellness.

Thursday, April 24, 2014 Joanne Hudson, RN, MPA, EMP

Joanne Hudson has over 30 years experience as a master's-level R.N. She is a Certified Energy Medicine Practitioner and is a Master Instructor in the technique of Integrated Energy Therapy®. Joanne will discuss what energy medicine is and how it is beneficial.

Thursday, May 29, 2014 **Jennifer S. Faherty**

Jennifer S. Faherty is a career strategist, life and money coach, writer, speaker and teacher. She is a Certified Martha Beck Life Coach, a Certified Financial Planner and a Certified Divorce Financial Analyst. Jennifer will be discussing the benefits of financial planning.

TIME

6:30 - 8:00 p.m.

LOCATION

CancerCare's New Jersey Office 141 Dayton St. Suite 204 Ridgewood, NJ 07450

FOR MORE INFORMATION, CONTACT

Kathy Nugent, LCSW, Cancer Care at 201-301-6809 or knugent@cancercare.org; or Sonia Pacheco, LSW, CancerCare at 201-301-6815 or spacheco@cancercare.org.

This program is free, but pre-registration is required.