## **COPING CIRCLE WORKSHOP:** COMIDA Y CANCER



Workshop on nutrition and cancer for Hispanic and Latino communities.



Join CancerCare and Memorial Sloan Kettering Cancer Center for an engaging and educational discussion on nutrition and cancer. If you or someone you love has been diagnosed with cancer, please consider joining us for this workshop.

This program is open to national clients and is free, but pre-registration via Zoom is required.

## **WORKSHOP DATE**

## WEDNESDAY, APRIL 16, 2025 from 12:30 p.m. - 2 p.m. ET

This workshop will provide an overview of coping with cancer and using nutrition to manage treatment and side effects specific to the Hispanic and Latino communities. The presentation will be in English. Topics covered include:

- Learning the importance of a healthy diet and ways quality of life can be managed through nutrition
- · Identifying ways to cope with treatment side effects through diet
- Understanding how to cope with the uncertainties of cancer and body changes
- Communicating with your health care team about the benefits of nutrition

**Speaker:** Karla Giboyeaux, MA, RDN, CDN, Registered dietitian-nutritionist with the CDR and a certified dietitian-nutritionist in New York state. Level II clinical dietitian-nutritionist at the MSK Ralph Lauren Center





Spots are limited, so please be sure to contact our Hopeline at **800-813-HOPE (4673)** if you're interested in attending. **Facebook:** facebook.com/cancercare | **Instagram:** @CancerCareUS | **Twitter:** @CancerCare