

CONNECTING THROUGH GRATITUDE AND KINDNESS: NEW JERSEY COMMUNITY IN-PERSON WORKSHOP



CANCERcare®

Over 75 Years of Help and Hope

Our office address is 1 Kalisa Way Suite 205, Paramus NJ, 07652.



Julia Manna, MSW, LSW
Oncology Social Worker



Nikki Molfetas, MSW, LSW
Oncology Social Worker

CancerCare is offering a free 90 minute in-person workshop at our NJ office. This workshop will be available to those, ages 20 and up, who are diagnosed with cancer and/or caregiving for their loved ones.

Space is limited and pre-registration is required.

WORKSHOP DATE

WEDNESDAY, APRIL 26, 2023 from 5:30 p.m. - 7 p.m. ET

In this workshop, clients will learn to address topics revolving around the value of happiness and gratitude through creative outlets. Participants will have the opportunity to learn new meditations/coping skills and reflect on moments of gratitude and kindness through interactive activities despite their cancer experience.

For more information, please contact Nikki Molfetas at 201-301-6805, nmolfetas@cancercare.org or Julia Manna at 201-301-6807, jmanna@cancercare.org.

All visitors and clients must be fully vaccinated to enter CancerCare offices. Proof of vaccination is required prior to attendance. All visitors and clients are required to wear a mask that covers their mouth and nose at all times while at CancerCare.

**Register
Today!**



To learn more, visit www.cancercare.org or call **800-813-HOPE (4673)**.

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