# COPING CIRCLE WORKSHOP SERIES:



## GYNECOLOGIC CANCERS: TIPS ON HOW TO COPE DURING DIAGNOSIS AND TREATMENT

Three-part virtual workshop series on navigating through the various challenges during and after a gynecologic cancer diagnosis.



Sam Fortune, LCSW, Women's Cancer Program Coordinator

Led by CancerCare oncology social workers and experts in the field, this workshop series aims to provide educational information about gynecologic cancers and practical skills for coping with diagnosis and treatment.

This program is open to national clients and is free, but pre-registration via Zoom is required.

#### **WORKSHOP DATES**

#### **TUESDAY, SEPTEMBER 12, 2023 from 12 p.m. - 1 p.m. ET**

#### PART 1: COPING WITH A GYNECOLOGIC CANCER DIAGNOSIS

This workshop will cover topics ranging from initial thoughts and emotions when first diagnosed, to forming a health care team and self-care.

#### THURSDAY, SEPTEMBER 14, 2023 from 12 p.m. - 1 p.m. ET

### PART 2: INTIMACY AND SEXUALITY DURING & AFTER GYNECOLOGIC CANCER TREATMENT

Sharing your feelings openly and honestly is an important first step in ensuring good communication with your partner, which will allow you both to understand and work through any issues together.

#### **TUESDAY, SEPTEMBER 26, 2023 from 12 p.m. - 1 p.m. ET**

#### PART 3: SELF-ADVOCACY THROUGHOUT GYNECOLOGIC CANCER CARE

This workshop will highlight ways to address barriers in accessing gynecologic cancer care, the value of one's identity in decision-making and the role of self-advocacy throughout gynecologic cancer treatment.







For more information or to register, contact Sam Fortune, LCSW, at 212-712-8076 or sfortune@cancercare.org

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