

ADOLESCENT & YOUNG ADULT YOGA PROGRAM: VIRTUAL SUMMER PROGRAM



CANCERcare®

Over 75 Years of Help and Hope

Our goal is to promote health, wellness and self-care throughout the cancer journey with a four-part series.



Marlee Kiel, MSW, LCSW
Young Adult Program Manager

CancerCare is partnering with Chelsea Winters, a registered yoga instructor and reiki practitioner, to provide a series of free virtual yoga classes to adolescents & young adults who are in treatment or post treatment for cancer.

This program is open to national clients and is free, but pre-registration via Zoom is required.

PROGRAM DATES

Thursday, June 15, 2023 from 2 p.m. - 3 p.m. ET

Thursday June 22, 2023 from 2 p.m. - 3 p.m. ET

Thursday June 29, 2023 from 2 p.m. - 3 p.m. ET

Thursday July 6, 2023 from 2 p.m. - 3 p.m. ET



Register
Today!



For more information or to register, contact Marlee Kiel, MSW, LCSW, at 212-712-8029 or mkiel@cancercares.org.

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