



**CANCERcare**<sup>®</sup>  
Help and Hope

## FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include case management, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit [www.cancercares.org](http://www.cancercares.org).

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**CancerCare<sup>®</sup> National Office**  
275 Seventh Avenue  
New York, NY 10001  
800-813-HOPE (4673)



## Virtual Worry Workshop: Celebrate Your Courage!

**It is normal for kids to have worries, but when mom or dad has cancer, they may feel confused, worried, sad or angry.**

### DESCRIPTION

It is normal for kids to have worries, but when mom or dad has cancer, they may feel confused, worried, sad or angry. CancerCare is offering a workshop that will assist children in discovering new tools to help them cope with their parent's cancer diagnosis and celebrate their courage.

### WHO CAN ATTEND

Children (ages 5 and up) who have a parent/guardian with cancer, along with the adult who has cancer and their partner/spouse. Open to residents of New Jersey.

### DATE AND TIME

This workshop will take place on Thursday, March 25 from 5:30 p.m. to 7 p.m. ET.

This group will utilize a secure video platform. Group members will still have the option to call in if they do not have access to video technology.

### REGISTER

Space is limited and pre-registration is required. For more information or to register, call our Hopeline at 800-813-HOPE (4673) or Ariana Parmese, Regional Manager at 201.301.6813 or [aparmese@cancercares.org](mailto:aparmese@cancercares.org) or Cecilia Acosta, LSW at 201-301-6813 or [cacosta@cancercares.org](mailto:cacosta@cancercares.org)