



**CANCERcare®**  
Help and Hope

## FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include case management, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit [www.cancercare.org](http://www.cancercare.org).

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**CancerCare® National Office**  
275 Seventh Avenue  
New York, NY 10001  
800-813-HOPE (4673)



## Spousal or Partner Bereavement Workshop Series: Connecting through Social Activities New Jersey Biweekly Workshop

**CancerCare is here to walk alongside you during your time of grief. This workshop series is open to New Jersey residents ages 55 and up who have experienced the loss of a spouse or partner to cancer within the past 18 months. Grief can feel isolating at times, especially during a pandemic.**

### DESCRIPTION

The goal of this eight session workshop series is to foster social relationships through social activities such as book reviews, crafts, playing games, trivia, discussing movies and/or shows, enjoying virtual meals together while sharing recipes and of course having good conversation. The goal of this workshop series is to have some fun and ultimately build meaningful friendships. Please join us to share your story of love, loss, hope and laughter with others experiencing a similar journey. This workshop series will be meeting virtually due to current public health concerns related to COVID-19. Please note this is not a support group. CancerCare has support groups for loss of spouse/partner that are therapeutically focused. However, please feel free to engage in both this workshop series and support group.

### START DATE

Wednesday, June 23, at 6 p.m. ET.

### REGISTER

Space is limited and pre-registration is required. For more information or to register, call our Hopeline at 800-813-HOPE (4673) or contact Concetta Nono, LCSW, at 201-301-6801 or [cnono@cancercare.org](mailto:cnono@cancercare.org)