

FREE PROFESSIONAL SUPPORT SERVICES

Cancer*Care* helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include case management, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit **www.cancercare.org**.

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Healing Hearts - Color of Grief Workshop Series

Using art as a positive outlet offers teens a creative way to facilitate the grief process. Adolescents may have a difficult time expressing their emotions when they have lost a loved one to cancer.

DESCRIPTION

Cancer*Care* is offering a workshop that will help teens explore the relationship between color and feelings. The goal of this workshop is to assist teens in coping with their loss in a positive way to facilitate healing.

WHO CAN ATTEND

Teens (ages 13 - 17) who have lost a loved one to cancer within the past two years.

DATE AND TIME

This workshop will take place on Wednesdays beginning March 24 through April 21 from 5 p.m. to 6:30 p.m. ET. This workshop will utilize a secure video platform.

REGISTER

Space is limited and pre-registration is required. For more information or to register, call our Hopeline at 800-813-HOPE (4673) or Concetta Nono, LCSW at 201-301-6801 or cnono@cancercare.org