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Help and Hope

FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include case management, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit www.cancercares.org.

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Healing Hearts Resilience Panel: “The Kids Are All Right”

DESCRIPTION

After a child has lost a parent to cancer, we often hear from the remaining parent or guardian, “Will my child be okay?” CancerCare is holding a one-night event for parents or guardians raising a child after the death of a loved one to cancer in the past two years. This event will feature a panel of young adults and adults who, as children, had a parent die of cancer. The panel will discuss thriving in spite of loss and creating lives of meaning and purpose in spite of what was a traumatic and life-changing event. The strong messages of hope our panelists deliver may be helpful to you, as a parent or guardian, in raising your children following your own loss.

The panel will explore topics including:

- Lessons their parents instilled in them to foster hope and resilience
- Tough times: honest insight into grappling with loss as a young person or child
- Where they are now in terms of life and career
- Coping skills that helped them
- Support systems
- Rituals they may keep to honor their deceased parent or guardian

There will also be time for questions and discussion.

DATE/TIME

Thursday, September 23, from 6:00 p.m. - 7:30 p.m. ET

LOCATION

This program will be held virtually using Zoom. If you are not able to use the video function, you will also be able to call into the presentation.

REGISTER

Space is limited and pre-registration is required. For more information or to register, contact Ariana Parmese at 800-813-4673 ext. 6808 or aparmese@cancercares.org or Claire Grainger at 800-813-4673 ext. 6811 or cgrainger@cancercares.org