



CANCERcare[®]
Help and Hope

FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include case management, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit www.cancercare.org.

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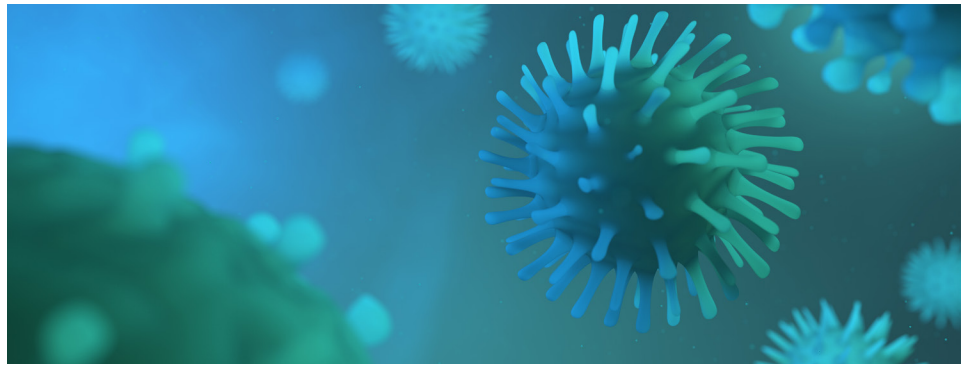


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800-813-HOPE (4673)



Caregiving and COVID-19

Two-Part Workshop Series

CancerCare is hosting our two-part series on Caregiving and COVID-19 in the new year.

Our first workshop will focus on practical concerns and information for caregivers related to COVID-19 such as understanding COVID-19, communicating with your loved one's medical team and much more. Our second workshop will focus on the emotional concerns caregivers may be experiencing such as coping with their own fears about COVID-19, burnout as well as ways to integrate more self-care.

If you are a new caregiver, a caregiver who was unable to attend in the fall or a caregiver who participated and is looking for more information and support, please join us to learn more about how COVID-19 has changed caregiving and connect with other caregivers. You are welcome to register for one workshop or both!

DATE/TIME

Caregiving and COVID-19 Practical Concerns:

Thursday, February 4 from 5:30pm to 6:30pm EST.

Caregiving and COVID-19 Emotional Concerns:

Thursday, February 11 from 5:30pm to 6:30pm EST.

LOCATION

This workshop will be held virtually using Zoom. If you are not able to use the video function, you will also be able to call into the workshop.

REGISTER

This program is open to national caregivers and is free, but pre-registration is required. For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or contact Alyson Erardy, LMSW at 212-712-8075 or aerardy@cancercare.org.