



CANCERcare[®]
Help and Hope

FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include case management, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit www.cancercares.org.

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What No One Tells You About Being Diagnosed With Brain Cancer

Workshop Series



CancerCare is hosting a series of educational workshops this fall and winter for people affected by brain cancer and/or glioblastoma. This series, called "What No One Tells You About Being Diagnosed With Brain Cancer," will offer communication strategies, mindfulness tips, practical advice for living with a cancer diagnosis and much more!

Each workshop will feature a 30-minute presentation followed by 30 minutes of open discussion for questions and the opportunity to connect with other workshop participants. Whether you choose to join for just one workshop or for all eight sessions, we look forward to seeing you there!

DATE	TOPIC
November 17, 2020	Coping With Your New Brain Cancer Diagnosis, Part I
November 24, 2020	Coping With Your New Brain Cancer Diagnosis, Part II
December 1, 2020	Doctor, Can We Talk?: Communicating With Your Medical Team
December 8, 2020	Communicating With Loved Ones, Part I
December 15, 2020	Communicating With Loved Ones, Part II
January 5, 2021	Managing Treatments and Side Effects
January 12, 2021	Strategies for Mindfulness and Self-Care: How to Cope With a Brain Cancer Diagnosis
January 19, 2021	Establishing a Care Plan

START DATE:

This workshop meets on Tuesdays, beginning November 17, from 3 p.m. to 4 p.m. ET.

This workshop will utilize a secure video platform. Participants will have the option to call in if they do not have access to video technology.

REGISTER

Space is limited and pre-registration is required. For more information or to register, contact Paige Soleimani, LMSW, at 212-712-8357 or psoleimani@cancercares.org.



In partnership with the Brain Tumor Foundation.

BRAIN TUMOR FOUNDATION
BRINGING TOMORROWS OF HOPE