



## Helping Her Get There, to Get the Care

here were no symptoms. By the time her doctors discovered the cancer, it had spread from her uterus into her lymph nodes. Luckily for Barb, after the surgery and weeks of chemotherapy, "I am feeling good" and is cancer free. Unfortunately, shortly after her final treatment session, she lost her job. "[My] employer said he could no longer afford to keep me. Lost [my] insurance, too."

Facing a cancer diagnosis is one of the hardest things a person can do. Cancer leaves no aspect of a person's life unaffected. Beyond its physical and emotional toll, cancer also puts a strain on a person's financial security, often to the breaking point. For too many people, treatment and recovery are fraught with financial worries. Who will take care of my family should I become too sick? How will I meet my dayto-day expenses if I'm unable to work? What if I can't afford insurance, or if my insurance isn't enough to cover all the costs of my treatment? Just getting to

> treatment can be an obstacle,

as more and more people

with cancer have to travel

to cancer centers that

specialize in

their diagnosis.

Far too many

patients

can't afford the cost of

farther distances



Improving the lives of women is a cornerstone of the Mary Kay Foundation.



The Touching Hearts program helps women facing cancer get to the treatment they need.

transportation, and wind up putting off, or never getting, the treatment they need.

Barb, who is 59 and lives in central Indiana, faced that dilemma. Then, she called **CancerCare**, and a week later received a check for \$100 that enabled her to keep her gas tank filled in order to make the 100-mile drive each way to her treatment center.

The check Barb received was made possible through **Touching Hearts**, a unique partnership of Cancer Care and the Mary Kay Foundation that helps women who are undergoing treatment for cancer - wherever in the United States they live cover the cost of transportation to and from their treatment appointments.

Since its launch in 2000, the Mary Kay Touching Hearts program has given individual transportation grants totaling more than \$1.7 million to nearly 10,000 women across the U.S. During fiscal year 2009 alone, more than 3,500 women received nearly \$420,000 from Touching Hearts, mostly for help with getting to and from their cancer treatments. Another \$500,000 grant from the Foundation, awarded in June 2009, has allowed CancerCare to continue providing assistance to even more women this year.

## contact us

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It couldn't have come at a more critical time With the U.S. economic crisis, the demand for our services has risen to an all-time high. The support of the Mary Kay Foundation allows CancerCare to provide this much-needed assistance to women who are facing even harder choices because they can't afford the costs of just getting to their treatment.

Women like Berthena E., who lives in rural Kansas and received a Touching Hearts check during her treatment for cancer. "This will be about 2,700 miles before we are done," she wrote recently in a note to Cancer Care, about the long commute she endured for many weeks to and from the cancer center where she received radiation and chemotherapy. The Touching Hearts check "help[ed] more than you could know," she noted.

Financial assistance is only one of the many free services CancerCare provides. Since its founding in 1944, CancerCare has helped millions of people facing cancer to better cope with and manage their diagnosis and treatment. Today, its staff of professional oncology social workers provide one-on-one and group counseling, educational workshops and assistance

group counseling, educational workshops and assistance with practical concerns like navigating the healthcare system and finding resources in the community where the patient lives.

Cancer Care not only helps cancer patients and survivors. Its services are also available to caregivers and family members, children, and anyone who has lost a loved one to cancer. Best of all, because of supporters like the Mary Kay Foundation, all of its services are offered free of charge, to anyone who needs them.



Nearly 10,000 women have received support from Touching Hearts since the program's launch in 2000.

"Thank you so much for ...help[ing] me pay for gas to get to my chemo treatments. It has gotten rather costly since I live over an hour away from the treatment center I go to. This will help greatly!"

> — Anna S., a Touching Hearts recipient Gloversville, New York

> > Another Touching Hearts grant recipient from

Arlington, Texas perhaps summed it up best, in a letter of thanks she recently wrote to Cancer Care after receiving a check for \$125 from the program:

"Thank you for the financial help while I was going through my cancer treatment. I hope someday I can help someone like you have helped me."



Fewer worries about how to get to treatment, for any woman facing cancer: That's Touching Hearts.