



CANCERcare[®]
Help and Hope

FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by professional oncology social workers and are offered completely free of charge. To learn more, visit www.cancercares.org.

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Coping With the Loss of a Parent *Young Adult Support Group*

The loss of a parent brings many complex feelings. Sadness, anger, regret, feelings of vulnerability or even relief are common reactions as you grieve your parent.

All of these things can be intense and therefore difficult to experience. The opportunity to join a group of other people your age who understand what you are going through can be very comforting.

CancerCare is currently recruiting young adults (ages 20 to 39) who have lost a parent to cancer within the last 18 months. This group is led by a professional oncology social worker and will run for twelve weeks.

FOR MORE INFORMATION

Please call 800-813-HOPE (4673) or email supportgroup@cancercares.org.

Space is limited. Registration is required.