



**CANCERcare**<sup>®</sup>  
Help and Hope

## FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by professional oncology social workers and are offered completely free of charge. To learn more, visit [www.cancercares.org](http://www.cancercares.org).

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# Living With Cancer *Young Adult Support Group*

**A diagnosis of cancer in your 20's or 30's comes at a time when you least expect to be worrying about your health.**

Your questions or concerns may seem very different than older or young people with a similar diagnosis. The chance to gather with a group of others your age who “get it” helps you not feel so alone.

If there are questions you need to talk through or conversations no one else seems to understand, this group may be just what you need.

CancerCare is currently recruiting participants who are young adults (ages 20 to 39) diagnosed with cancer. This group is led by a professional oncology social worker and will run for twelve weeks.

## FOR MORE INFORMATION

Please call 800-813-HOPE (4673) or email [supportgroup@cancercares.org](mailto:supportgroup@cancercares.org).

**Space is limited. Registration is required.**

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