CancerCare is a national nonprofit, 501 c(3) organization that provides free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones, and the bereaved. Cancer Care programs—including counseling and support groups, education, financial assistance and practical help—are provided by professional oncology social workers and are completely free of charge. For more information, call 1-800-813-HOPE (4673) or visit www.cancercare.org.

CancerCare is pleased to have collaborated with the following organizations in offering this Connect® Workshop:

**American Cancer Society** 

www.cancer.org; 1-800-ACS-2345

**American Society of Clinical Oncology** 

www.cancer.net: 1-888-651-3038

**Association of Clinicians for the Underserved** 

www.clinicians.org; 1-703-442-5318

**Association of Oncology Social Work** 

www.aosw.org; 1-215-599-6093

**Black Women's Health Imperative** 

www.blackwomenshealth.org; 1-202-548-4000

**Cancer Patient Education Network** 

www.cancerpatienteducation.org

**Cancer Support Community** 

www.cancersupportcommunity.org; 1-888-793-9355

**Education Network to Advance Cancer Clinical Trials** 

www.enacct.org: 1-240-482-4730

**Intercultural Cancer Council** 

www.iccnetwork.org; 1-713-798-4614

Joe's House - A Lodging Guide for Cancer Patients

www.joeshouse.org; 1-877-563-7468

**The LGBT Cancer Project** 

www.lgbtcancer.org

LIVESTRONG

www.livestrong.org; 1-855-220-7777

**Multinational Association of Supportive Care in Cancer** 

www.mascc.org

**National Center for Frontier Communities** 

www.frontierus.org; 1-575-534-0101

**National Coalition for Cancer Survivorship** 

www.canceradvocacy.org; 1-888-650-9127

**National Family Caregivers Association** 

www.thefamilycaregiver.org; 1-800-896-3650

**Research Advocacy Network** 

www.researchadvocacy.org; 1-877-276-2187

Vital Options International & The Group Room®

www.vitaloptions.org; 1-800-477-7666

This activity is supported by an educational donation provided by Amgen.



# • CANCER*care*

# **Understanding and Managing Chemotherapy Side Effects**

Wednesday, July 25, 2012 1:30 - 2:30 PM Eastern Time

A free Connect® Workshop for people living with cancer, their families, friends and health care professionals

You can listen to this workshop over the telephone or connect to our webcast online.

# What is a Connect® Workshop?

CancerCare's free Connect® Workshops are a way for people to learn about cancer-related issues from the convenience of their home or office. Leading experts in oncology provide the most up-to-date information on the telephone.

## How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

# How do I register?

There are three ways to register:

- Mail this registration form to Cancer Care
- Call 1-800-813-HOPE (4673)
- Register online at www.cancercare.org/connect.

After you have registered, you will receive additional information.

#### Missed a Connect® Workshop?

A listing of featured programs is available by calling 1-888-337-7533, 24 hours a day, 7 days a week.

You can also listen to previous workshops on the Cancer Care web site. Just log on to www.cancercare.org/podcasts.

### **Professional Continuing Education Credits**

Social Workers: This program is approved for 1.0 Contact Hour to social workers upon verification of completion. The University of Texas MD Anderson Cancer Center is an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607.

Dietitians: This continuing education program has been approved by the Commission on Dietetic Registration for 1.0 Continuing Professional Education Unit (CPEU) to dietitians, based on a 60 minute contact hour. A Certificate of Completion will be issued upon submission of the course evaluation form.

Any questions about Professional Continuing Education Credits should be directed to: connect@cancercare.org.

> For more information, call Cancer Care at 1-800-813-HOPE (4673) www.cancercare.org connect@cancercare.org

# **Understanding and Managing Chemotherapy Side Effects**

Wednesday, July 25, 2012 1:30 - 2:30 PM Eastern Time

## **Workshop Topics**

- Causes of Chemotherapy Side Effects
- Managing Nausea, Vomiting, Diarrhea and Constipation
- Practical Tips to Deal with Fatigue and Infection Control
- **Guidelines for Dental Care During** Chemotherapy
- Managing Mouth Sores and Dry Mouth
- Describing Pain and Neuropathy to Your Health Care Team and Tips to Cope
- **Nutritional Concerns and Tips**
- Recommendations to Cope with Hair Loss
- **Questions for Our Panel of Experts**

### **Speakers**

Steven M. Grunberg, MD Professor of Medicine and Pharmacology University of Vermont

Douglas E. Peterson, DMD, PhD, FDS RCSEd Professor of Oral Medicine Department of Oral Health and Diagnostic Sciences School of Dental Medicine Chair, Program in Head & Neck Cancer and Oral Oncology, Neag Comprehensive Cancer Center University of Connecticut Health Center

Susan A. Derby, RN, MA, GNP-BC, ACHPN Pain and Palliative Care Service Memorial Sloan-Kettering Cancer Center

Lesley Klein, MS, RD, CSO, LD/N **Medical Nutrition Therapist** The University of Miami Sylvester Comprehensive Cancer Center

Carolyn Messner, DSW, MSW **Director of Education and Training** Cancer Care

#### **REGISTRATION FORM**

# **Understanding and Managing Chemotherapy Side Effects**

Wednesday, July 25, 2012

NAME

ADDRESS
CITY
STATEZIP
PHONE*
*Please list the phone number where you can be reached on the day of the workshop.
EMAIL
NUMBER OF PARTICIPANTS
ARE YOU A HEALTH CARE PROFESSIONAL?
YES NO

Please mail this registration form to: Carolyn Messner, DSW, MSW **Director of Education and Training Cancer**Care **275 Seventh Avenue** New York, NY 10001

register online at www.cancercare.org/connect

For more information, call CancerCare at 1-800-813-HOPE (4673), visit us online at www.cancercare.org, or email us at connect@cancercare.org