

## About Us

CancerCare is a national nonprofit, 501 c(3) organization providing free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones and the bereaved. CancerCare programs—including counseling and support groups, education, financial assistance and practical help—are provided by professional oncology social workers and are completely free of charge. For more information, call **1-800-813-HOPE (4673)** or visit [www.cancercare.org](http://www.cancercare.org).

CancerCare is pleased to have collaborated with the following organizations in offering this Workshop:

**AdvancedBC.org**  
**American Cancer Society**  
**American Society of Clinical Oncology**  
**American Psychosocial Oncology Society**  
**Association of Clinicians for the Underserved**  
**Association of Oncology Social Work**  
**Black Women's Health Imperative**  
**The Breast Cancer Research Foundation**  
**BreastCancerTrials.org**  
**Cancer Patient Education Network**  
**Cancer Support Community**  
**Caregiver Action Network**  
**Education Network to Advance Cancer Clinical Trials**  
**Intercultural Cancer Council**  
**Joe's House - A Lodging Guide for Cancer Patients**  
**Latinas Contra Cancer**  
**The LGBT Cancer Project**  
**Linda Creed Breast Cancer Foundation**  
**LIVESTRONG Foundation**  
**Living Beyond Breast Cancer**  
**Malecare, Inc.**  
**Men Against Breast Cancer**  
**MetaCancer Foundation**  
**Metastatic Breast Cancer Network**  
**Multinational Association of Supportive Care in Cancer**  
**National Association of Social Workers**  
**National Center for Frontier Communities**  
**National Coalition for Cancer Survivorship**  
**NeedyMeds**  
**Redes en Acción: The National Latino Cancer Research Network**  
**Research Advocacy Network**  
**SHARE: Self Help of Women with Breast and Ovarian Cancer**  
**Sharsheret: Your Jewish Community Facing Breast Cancer**  
**The Sister Study (Estudio de Hermanas)**  
**Tigerlily Foundation**  
**Triple Negative Breast Cancer Foundation**  
**Vital Options International & The Group Room®**  
**The Witness Project**  
**Young Survival Coalition**



**CANCERCARE**  
NATIONAL OFFICE  
275 SEVENTH AVE.  
NEW YORK, NY 10001

**CANCERCARE CONNECT EDUCATION WORKSHOP™**

# Caring for Your Bones When You Have Breast Cancer

**Friday, October 25, 2013**

**1:30 - 2:30 PM Eastern Time**

A free CancerCare Connect Education Workshop™ for people living with breast cancer, their families, friends and health care professionals

You can listen to this workshop over the telephone or connect to our webcast online.



**CANCERCARE**  
Help and Hope

**1-800-813-HOPE (4673)**  
[www.cancercare.org](http://www.cancercare.org)  
[connect@cancercare.org](mailto:connect@cancercare.org)

## What is a CancerCare Connect Education Workshop™?

CancerCare's Connect Workshops are free and a way for people to learn about cancer-related issues from the convenience of their home or office. Leading experts in oncology provide the most up-to-date information on the telephone.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are three ways to register:

- Mail this registration form to CancerCare®
- Call **1-800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect Workshop?

A listing of featured programs is available by calling **1-888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare web site. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits

**Social Workers:** This program is approved for 1.0 Contact Hour to social workers upon verification of completion. The University of Texas MD Anderson Cancer Center is an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607.

**Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

Any questions about Professional Continuing Education Credits should be directed to:

[www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

This activity is supported by an educational donation provided by Amgen.

## Caring for Your Bones When You Have Breast Cancer

Friday, October 25, 2013  
1:30 - 2:30 PM Eastern Time

### Workshop Topics

- Breast Cancer, Bone Loss and Bone Metastases
- Screening for Bone Health and Risk Factors
- Prescription Medication to Promote Bone Health
- The Role of Nutrition, Exercise and Calcium Supplements
- Controlling Pain and Discomfort
- Clinical Trials
- Doctor-Patient Communication
- Questions for Our Panel of Experts

### Speakers

#### Generosa Grana, MD

Professor, Cooper Cancer Institute  
Head, Division of Hematology-Oncology  
Cooper University Hospital  
Associate Professor of Medicine  
Cooper Medical School of Rowan University

#### Lidia Schapira, MD

Associate Professor of Medicine  
Harvard Medical School  
Staff Oncologist, Gillette Center for Breast Oncology  
Massachusetts General Hospital

#### Allison Nilsen, MSW

Coordinator, Women's Cancers Program  
CancerCare

## Caring for Your Bones When You Have Breast Cancer

Friday, October 25, 2013

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE\* \_\_\_\_\_

\*Please list the phone number where you can be reached on the day of the workshop.

EMAIL \_\_\_\_\_

NUMBER OF PARTICIPANTS \_\_\_\_\_

ARE YOU A HEALTH CARE PROFESSIONAL?

YES \_\_\_\_\_ NO \_\_\_\_\_

**Mail this registration form to:**  
Carolyn Messner, DSW, MSW  
Director of Education and Training  
CancerCare®  
275 Seventh Avenue  
New York, NY 10001

OR

**Register online at**  
[www.cancercare.org/connect](http://www.cancercare.org/connect)



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[connect@cancercare.org](mailto:connect@cancercare.org)